The Farmers Back Study was funded by the Saskatchewan Health Research Foundation in 2012.

The research team collected data at farms throughout central Saskatchewan from March-November 2015.

Thanks to all the participants!
- 22 farms participated
- 54 Farmers and farm workers participated - most people participated for 2 or 3 days

We were able to measure:
- Posture for 98 days
- Vehicle vibration for 80 rides
- Video recordings for 48 farm tasks
- End-of-day questionnaires on work tasks for 98 days
- Comprehensive winter questionnaire for 32 people
- Interview on Safety modifications with 23 people
- Interview on Back Health experience with 19 people

It will take us a while to analyze all the data, so we plan on sending a report in 2017.

Want more information?
Muhammad Khan, Study Coordinator  
Farmer.backstudy@usask.ca, -966-5531, 306-881-3322

Catherine Trask, Principal Investigator  
catherine.trask@usask.ca 306-966-5544
Our website:  http://www.cchsa-ccssma.usask.ca/