# Hand Sanitizer Checklist

Technical-grade ethanol is recommended for casual use (>100 times a day) at home and in the community. This ingredient has not undergone the normal purification to reach medical-grade and has excess impurities. Some of these impurities are flavour compounds in alcoholic beverages, but repeated application to skin, or excessive inhalation may lead to side-effects. This includes dry skin, eye/throat/skin irritation, changes in the efficacy of the product, inclusion of toxins and carcinogens.

If you experience any adverse side effects like headache, shortness of breath, stinging sensations, or dermatitis, cease use immediately, and seek medical attention.

## How can I tell the difference between medical and technical grade hand sanitizers?

When you apply hand sanitizer you may notice an unusual odor or residue. Do not inhale hand sanitizer.

## Report any incident to Canada.ca/drug-device-reporting

To submit a complaint or concern:

https://www.canada.ca/en/health-canada/services/drugs-health-products/compliance-enforcement/problemreporting.html

https://www.healthycanadians.gc.ca/apps/radar/MD-IM-0005.08.html

Email:	hcinfo.infosc@canada.ca
Telephone:	613-957-2991
Toll free:	1-866-225-0709

## Resources

#### \*List of hand sanitizers authorized by Health Canada

https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/hand-sanitizer.html \*List of hand sanitizers authorized under COVID-19 interim measures

https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/products-acceptedunder-interim-measure.html

#### Recalls

https://healthycanadians.gc.ca/recall-alert-rappel-avis/hc-sc/2020/73385a-eng.php

Risk assessment for technical grade ethanol

https://www.canada.ca/en/health-canada/services/drugs-health-products/natural-non-prescription/legislation-guidelines/covid19-technical-grade-ethanol-hand-sanitizer/risk-assessment-summary-report.html

\*Inclusion on these lists is not an endorsement by Health Canada. The lists are for regulatory compliance only.

#### About us

GooforScience is part of Lipid Quality and Utilization team at the University of Saskatchewan. Sarah Purdy (Ph.D.), Fina Nelson (M.Sc.), working with Prof. Martin Reaney (Ph.D.) are researching ethanol purification methods in partnership with Poundmaker Agventures (PMA) and Bioriginal. PMA is a licensed producer of technical-grade ethanol, and Bioriginal is a licenced producer and distributor of surface and hand sanitizer products using technical-grade ethanol. Funding for the research is provided by the Saskatchewan Agricultural Development Fund and Mitacs.

## Hand Sanitizer Checklist

Use this checklist to add confidence that your hand sanitizer is compliant with Health Canada guidelines. This does not guarantee that a product is risk-free.

Container:			
Does it look like food?	Store	and use away from food	Censored
Does it re-seal?		er to a glass or plastic container with a sma	Ill mouth.
Is it in a can?		for damage to the can.	spical Solution
If damaged, dispose as ha		-	fand Sanitizer
		r plastic container with a small mouth.	Those another
Additives:			
Is it carbonated?	This c	an influence the effectiveness of the produ	rt Contraction
		t this product.	The second secon
□ Any cosmetic additives?		res a normal permit to demonstrate efficac	V.
(lemon, citrus, lavender, etc.).	-	these products from interim, non-medical	
		ary/calgarians-warned-fire-risk-canned-aluminum-hand-sanit	
Medicinal Ingredients	,	Directions for use	-
Ethanol 60-80% abv*		Adults only. <sup>++</sup>	Do not inhale.
OR			Not to be used on broken or damaged
Ethanol (technical grade)			skin.°
60-80% abv**		Do not use if you are pregnant	Skill
000		or breastfeeding.	<b>A</b>
° T			
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$\square$			
* As of Oct. 2020, low levels of impurities.		<sup>++</sup> Because of acetaldehyde.	<sup>°</sup> Because of increased organic fermentation impurities.
** Increased levels of impurities.			
Medicinal Ingredients		Non-medicinal Ingredients	Directions for use
Glycerol 1.45%		Ingredients may vary.	Use on unsoiled hands.
Hydrogen Peroxide 0.125% <sup>+</sup>		<i>e.g.</i> Water, carbomer or similar gelling	NB
		agent.	123
Ť			
			~
			Supervise children when they use this
1			product
<sup>+</sup> If labelled 1.25% product should be flagge recall: Label is wrong, or product will cause		Scented and coloured products should be authorized using standard regulations for health	product.
<sup>+</sup> If labelled 1.25% product should be flagge recall: Label is wrong, or product will cause stinging.		Cented and coloured products should be authorized using standard regulations for health products.	product
recall: Label is wrong, or product will cause		authorized using standard regulations for health products.	Product Information
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