### **Dr. Kim Anderson**

Dr. Kim Anderson is Associate Professor in the Department of Family Relations and Applied Nutrition at the University of Guelph. As an Indigenous (Metis) scholar, she has spent her career working to improve the health and well-being of Indigenous families in Canada. Much of her research is community partnered and has involved gender and Indigeneity, urban Indigenous knowledge, Indigenous masculinities, and Indigenous feminism. Her single-authored books include A Recognition of Being: Reconstructing Native Womanhood (2nd Edition, Canadian Scholars, 2016) and Life Stages and Native Women: Memory, Teachings and Story Medicine (University of Mainitoba Press, 2011). Recent co-edited books include Indigenous Men and Masculinities: Legacies, Identities, Regeneration (with Robert Alexander Innes, University of Manitoba Press, 2015), and Mothers of the Nations: Indigenous Mothering as Global Resistance, Reclaiming and Recovery (with Dawn Lavell-Harvard, 2014).

# Dr. Treena Delormier, PhD

Dr. Treena Delormier recently joined the School of Human Nutrition at McGill University in Montreal, Quebec, Canada as an Associate Professor. She is also serving as the Associate Director of McGill's Centre for Indigenous Peoples' Nutrition and Environment (CINE). Her research focuses on the food, nutrition and the of Indigenous peoples. She is involved in health promotion interventions that address the social determinants of health underlying the health inequities Indigenous Populations experience, particularly in a historical context of colonialism. Dr Delormier's research approaches employ qualitative methodologies, and privilege Indigenous and community based methodologies. She is dedicated to building capacity in Indigenous health research through mentoring and training students and community researchers.

# Dr. Heather Foulds, PhD

Dr. Heather Foulds, Métis, is an Assistant Professor in the College of Kinesiology at the UofS. Dr. Foulds is the Early Career Chair of Indigenous Women's Heart and Brain Health, co-funded by Heart and Stroke and CIHR. This Chair position evaluates the importance of culture and social support as mediators of health for Indigenous women. Dr. Foulds also holds research grants from SHRF and CIHR investigating health benefits of Métis dancing, including the Red River Jig. Dr. Foulds' research program explores cardiovascular health determinants, with specific focuses on Indigenous populations and women's cardiovascular health. Her research combines medical perspectives with physical activity and exercise healthy lifestyle and the social and cultural aspects of health in preventive approaches to cardiovascular disease.

#### Dr. Chelsea Gabel, PhD

Dr. Gabel is Red River Métis from Rivers, Manitoba. She is an Associate Professor in the Department of Health, Aging and Society and the Indigenous Studies Department at McMaster University. As a Tier 2 Canada Research Chair in Indigenous Well-Being, Community- Engagement and Innovation, Dr. Gabel is leading a SSHRC funded digital storytelling intervention along with Drs. Robert Henry and Amanda LaVallee that pairs Métis elders, adults and youth together to document their connections to their identity and its impact on health and well-being. Dr. Gabel was commissioned by the Native Women's Association of Canada to lead community engagement sessions - "Conversations of Cannabis" with Métis women and girls to talk about cannabis use and its impact on health and well-being. Dr. Gabel completed a first of its kind report that examines First Nations and Métis healthcare in rural Manitoba. She also founded the First Nations Digital Democracy Project - the only project in the world to examine

Indigenous experiences with technology and online voting. She led a report that is changing Indian Act legislation to allow for alternative voting methods. Dr. Gabel a research affiliate with the Rupertsland Centre for Métis Research housed in the Faculty of Native Studies at the University of Alberta. Dr. Gabel was commissioned by the Chief Science Advisor of Canada (CSA) multidisciplinary science expert panel to advise the CSA on the latest scientific developments relevant to COVID-19, specifically the use of digital vaccine passports in Canada. This invitation resulted in a major report providing current, cross-disciplinary and independent advice to the Prime Minister. For the last five years, Dr. Gabel has been an active member of the Canadian Institutes for Health Research (CIHR) Standing Committee on Ethics (SCE), a committee that provides Governing Council high-level strategic advice on the ethical, legal and socio-cultural dimensions of CIHR's mandate. She was recently appointed as the Vice-Chair of the SCE for a three-year term. Finally, Dr. Gabel is a co-author of the forthcoming second edition of Indigenous Statistics A Quantitative Research Methodology along with Drs. Chris Andersen, Tahu Kukutai and Maggie Walters.

# Dr. Mikaela Gabriel, PhD

Dr. Mikaela D. Gabriel (Italian & Mi'kmaq of Ktaqmkuk, Crow Clan) has a PhD in Clinical and Counselling Psychology from the Ontario Institute in Studies in Education at the University of Toronto. She is presently a post-doctoral fellow at the Waakebiness-Bryce Institute for Indigenous Health. Her research explores how traditional knowledge and Elder connections can support Indigenous Peoples' mental health across life transitions. Together with her research team, community partners, and mentors, this research has explored life transition needs in collaboration with community partners in culturally safe methods in urban settings. She has clinical training and experience across inpatient, outpatient, and community mental health treatment settings, with focus in Indigenous cultural approaches to mental health; trauma-centered approaches; and narrative therapeutic strategies. She is a writer when able, a traveler when possible, and an auntie always.

# Dr. Holly Graham, RN, PhD, R.D. Psychologist

Holly Graham is a member of the Thunderchild First Nation, SK. She has worked as a Registered Nurse (RN) in a variety of northern communities, in addition to various other health care environments since 1985. Holly is an Assistant Professor in the College of Nursing, at the University of Saskatchewan and a CIHR Indigenous Research Chair in Nursing. She maintains an active practice as a Registered Doctoral Psychologist, working primarily with individuals who have experienced trauma and symptoms of posttraumatic stress disorder (PTSD). Holly's research is focused on Indigenous health, mental health, and wellness.

#### Dr. Robert Henry, PhD

Dr. Robert Henry is Métis from Prince Albert, Saskatchewan and is an Assistant Professor at the University of Saskatchewan in the Department of Indigenous Studies. Robert's research areas include Indigenous street gangs and gang theories, Indigenous masculinities, Indigenous and critical research methodologies, youth mental health and visual research methods. Working closely with community partners, Robert works to create knowledge mobilization outcomes that reflect community needs and wants. He's published a photovoice narrative collection with Indigenous male gang members titled Brighter Days Ahead (2013) and has recently submitted another collection in partnership with Indigenous females and their involvement in street gangs. Robert has also published in the areas of

Indigenous masculinity, Indigenous health, youth subcultures and criminal justice. His current research focuses on the concept of survivance and its applicability within Indigenous research more broadly.

## Dr. Brittany Jock, PhD

Dr. Jock is Bear Clan from the Akwesasne Kanien'kehá:ka (Mohawk) Territory, and an Assistant Professor Member, Centre for Indigenous Peoples' Nutrition & Environment (CINE) at McGill. She obtained her Bachelor's degree from Syracuse University in chemistry. She holds a Master's degree in epidemiology and a Doctorate in social and behavioral interventions from the Johns Hopkins School of Public Health. Her public health training centers on the design and application of mixed methods research and the development, implementation, and evaluation of health programs.

Dr. Jock's research combines epidemiology with social and behavioral science to respond to the obesity and chronic disease inequities experienced by Indigenous Nations and communities. Her research focuses on responding to the dietary shift from Indigenous traditional food systems to highly processed market food systems that resulted from the ongoing colonization of Turtle Island (North America). Dr. Jock's research is in the following streams: nutrition status and obesity prevention interventions; community participation in research; policy, systems, and environmental approaches for obesity prevention; and influence of social determinants and historical trauma in shaping Indigenous health. She employs qualitative methods to develop interventions, quantitative research methods to evaluate interventions, and community-based participatory research to guide the involvement of Indigenous Nations in her research. She is honoured to work in the ancestral territory of her people.

#### Dr. Simon Lambert, PhD

Dr. Simon Lambert is an Indigenous (Māori) researcher from Aotearoa New Zealand and is a member of the Tūhoe and Ngāti Ruapani tribes. He is a faculty member in the Department of Indigenous Studies at the University of Saskatchewan, and the Executive Director of the NEIHR National Coordinating Centre, which supports the nine NEIHR networks across Canada. Following the 2011 earthquakes in Christchurch, Simon's research has focused on disaster risk reduction and emergency management with Indigenous communities, with particular interest in urban Indigenous groups. Lately he has been collaborating with international Indigenous colleagues to promote Indigenous voices at the UN Global Platform on Disaster Risk Reduction. He is also a member of the Advisory Board for the Pan-American Health Organization-sponsored Indigenous Knowledge and disaster risk reduction network.

#### Dr. Amanda LaVallee, PhD, RSW

Assistant Professor, School of Social Work and Human Services, University of the Fraser Valley. Dr. Amanda LaVallee is Red River Métis born and raised in Alberta and Saskatchewan in places such as Edmonton, Speers, North Battleford, and Saskatoon. She spent much of her childhood keenly attuned to the prairie landscape through the activities of hunting, trapping, fishing, gathering, and gardening. Dr. LaVallee, is an Assistant professor in the School of Social Work and Human Services at the University of the Fraser Valley, however July 1st Dr. LaVallee will be moving to University of Victoria, School of Social Work. Her past and current research projects examine the health, well-being, and identity of Métis people, specifically their engagement within social systems and their impact on relationships.

## Dr. Carrie Lavallie, PhD

Dr. Carrie LaVallie is a Registered Psychiatric Nurse. With over 28 years of experience, Carrie has worked in various non-profit organizations, private practice, and with First Nation communities. She was Interim Executive Coordinator for AIDS Saskatoon, owned PMI Psychosocial and Rehabilitation Services, and was Acting Director Health Sciences/Campus Manager with First Nations University. Carrie is currently with the department of Indigenous Health Studies at First Nations University of Canada. She has a Master of Health Studies and completed a PhD in Educational Psychology. Carrie's area of research explores the role of spirituality in relapse prevention and her areas of interest are mental health, addictions, and spirituality.

## Dr. Diana Lewis, PhD

Assistant Professor, Geography, Environment and Geomatics, University of Guelph. I am a member of the Sipekne'katik Mi'kmaq First Nation in Nova Scotia. My research interests are to foster a wider understanding of Indigenous worldviews and how Indigenous worldviews must inform environmental decisions, specifically as Indigenous peoples are impacted by resource or industrial development. I am a strong advocate for Indigenous data sovereignty and Indigenous-led decision making, and I am currently working with Indigenous communities across Canada to develop an Indigenous-led environmental health risk assessment approach.

**Specialization:** Indigenous health, environment, risk assessment, environmental impact assessment, Indigenous methodology

### Dr. Wendie Marks, PhD

Dr. Wendie Marks is a member of the Anishinabe of Wauzhushk Onigum First Nation. Dr. Marks 's research background has focused on examining novel treatment strategies for disorders and diseases using animal models. Dr. Marks obtained her PhD at the University of Saskatchewan in the Department of Psychology. Her graduate work examined the association between stress hormones and depression using animal models. Her first postdoctoral fellowship, at the University of Saskatchewan, investigated novel therapeutic strategies for the treatment of impairments observed in animal models of childhood epilepsy and schizophrenia. Dr. Marks completed her second postdoctoral fellowship at the University of Calgary working within the Department of Biochemistry and Molecular Biology. She investigated the potential of diet-driven therapies to improve symptoms in an animal model of severe childhood epilepsy. She is currently an assistant professor in the Department of Pediatrics at the University of Saskatchewan. Dr. Marks's program of research uses a translational approach to studying obesity in Indigenous children by examining the intergenerational effects of stress and poor nutrition.

#### Dr. Rod McCormick, PhD

Dr. Rod McCormick (Kanienkehaka-Mohawk) is a Senior Professor and BC Government endowed Research Chair in Indigenous Health at Thompson Rivers University. Before moving to his partner's home community of T'Kemlups te Secwepemc, Rod was a psychologist and counselling psychology professor at the University of British Columbia for 18 years. Dr. McCormick's research focuses on community capacity building in mental health and research as well as the reclamation of traditional forms of healing. Dr. McCormick has been a clinician and consultant in Indigenous mental health for approximately 35 yrs. Dr. McCormick was the lead for the BC Aboriginal Capacity and Developmental Research Environments, the BC Network Environments for Aboriginal Health Research, and the Kloshe Tillicum network. He is currently the lead on the National/International Indigenous mentorship network Ombaashi, the indigenous undergraduate research training program: Knowledge makers, as well as the All My Relations Centre at TRU.

# Dr. Stephanie Montesanti, PhD

Associate Professor, School of Public Health, University of Alberta. I am a health policy and health systems researcher within the field of population and public health. My research program examines the determinants of policy and systems change in addressing the health of populations. My research focuses on understanding chronic disease and health inequities in Indigenous and other underserved populations in Canada and globally. I apply a socioecological and life course perspective to examine key community and societal-level factors that influence the health of individuals and communities throughout their life course. My research also applies policy analysis and systems thinking to identify innovative approaches to transforming health systems to be better equipped to address the conditions driving health disparities and disease burden among our most vulnerable populations.

My research program involves strong partnerships and collaborations with policy and decision-makers, health providers and community. I have a PhD in Health Policy and a Graduate Diploma Certificate in Health Services and Policy Research from McMaster University, and a Master's degree in Medical Anthropology from the University of Toronto. I completed a Postdoctoral Fellowship in the Cumming School of Medicine at the University of Calgary. I have broad health sector experience in both Ontario and Alberta working in government and non-profit organizations on complex public health issues including mental health, domestic violence, Indigenous health and newcomer health. I am passionate about supporting and increasing our collective understanding about how Canadians can be meaningfully and effectively engaged in shaping the future of healthcare in Canada. My primary areas of inquiry include Indigenous primary health care, mental health, and domestic and interpersonal violence. My research projects are guided by principles of transdisciplinarity, systems thinking, equity, knowledge translation, as well as respectful and mutually beneficial partnerships and collaboration.

# Professor Jeffrey Reading, BPhEd

Professor, First Nations Health Authority Chair in Heart Health and Wellness at St. Paul's Hospital. Professor Jeffrey Reading has more than two decades of experience enhancing knowledge in Indigenous health issues, both in Canada and globally. He obtained his Bachelor of Physical Education (1983) at the Faculty of Physical Education and Recreation, University of Alberta, Master of Science (1991) and Doctor of Philosophy (1994) in Community Health Sciences, (now the Dalla Lana Faculty of Public Health), University of Toronto and was the founding Director of the Centre for Aboriginal Health Research at the University of Victoria in British Columbia. As the inaugural Scientific Director of the Institute of Aboriginal Peoples' Health at the Canadian Institutes of Health Research from 2000 to 2008, Jeff led a movement calling for a national advanced research agenda in the area of Aboriginal peoples' health and led the CIHR cross-cutting initiative in rural and northern health research.

# Dr. Janet Smylie, MD, FCFP, MPH

Dr. Smylie is the Director of the Well Living House Action Research Centre for Indigenous Infant, Child, and Family Health and Wellbeing, Tier 1 Canada Research Chair in Advancing Generative Health Services for Indigenous Populations in Canada, and Professor at the Dalla Lana School of Public Health, University of Toronto. Dr. Smylie's research focuses on addressing Indigenous health inequities in partnership with

Indigenous communities. She is particularly focused on ensuring all First Nations, Inuit, and Métis peoples are counted into health policy and planning wherever they live in ways that make sense to them; addressing anti-Indigenous racism in health services; and advancing community-rooted innovations in health services for Indigenous populations. She maintains a part-time clinical practice at Seventh Generation Midwives Toronto and has practiced and taught family medicine in a variety of Indigenous communities both urban and rural. A Métis woman, Dr. Smylie acknowledges her family, traditional teachers, and ceremonial lodge.

She has formally supervised over 50 trainees including medical students, residents, graduate students and post-doctoral fellows – many of whom are now leaders in Indigenous health research, education, practice and policy. Dr. Smylie's outstanding accomplishments were recognized in 2012 with a National Aboriginal Achievement/Indspire Award and in 2015 when she was named a Top 20 Pioneer of Family Medicine Research by the Canadian College of Family Physicians.

# Dr. Jaris Swidrovich, PharmD, PhD(c)

Dr. Jaris Swidrovich is an Assistant Professor at the Leslie Dan Faculty of Pharmacy at the University of Toronto. He is a Saulteaux First Nations pharmacist from Yellow Quill First Nation. He is the first selfidentified First Nations Doctor of Pharmacy in Canada and the first and only self-identified Indigenous faculty member in pharmacy in Canada. He received his Bachelor of Science in Pharmacy from the University of Saskatchewan and a Doctor of Pharmacy degree from the University of Toronto and is currently working toward a PhD in Education at the University of Saskatchewan under the supervision of Dr. Margaret (Maggie) Kovach. He is active in the community and was named one of CBC Saskatchewan's "Future 40" in 2016.

# Dr. Raven Sinclair, PhD

Professor, Faculty of Social Work, University of Regina. Raven Sinclair is ree/Assinniboine/ Saulteaux/Métis and a member of George Gordon First Nation of the Treaty #4 area of southern Saskatchewan. She is a direct descendent of two signatories to Treaty 4. Raven has been with the faculty since July 2005 and was previously on faculty with the First Nations University of Canada. She has taught at Masckwacis Cultural College, and the access division of Calgary's Faculty of Social Work, and lectured for Laurentian, USask, and Wilfred Laurier in their Centre for Indigegogy. Raven is an editorial board member for Genealogy: An open access journal of MDPI, and Memorial University journal Intersectionalities: A global journal of social work analysis, research, polity, and practice.

Dr. Sinclair's academic interests include Indigenous knowledge and research methodologies, intergenerational trauma and recovery, communication theory and training, and racism and lateral violence intervention. Raven balances her academic work with public speaking (https://www.youtube.com/watch?v=X3vz5gAlyQ4&t=663s) and consulting in the areas of research, child welfare legal cases, and film/tv/theatre. She is the Director of "There is a Truth to be Told: The Sixties Scoop in Splatsin (https://www.youtube.com/watch?v=B4utptWtp4l&t=987s), and an Executive Producer on "Trouble in the Garden" - a feature film by Antiamnesiac Productions starring Cara Gee, Frank Moore, and Fiona Reed (https://gem.cbc.ca/media/trouble-in-the-garden/s1244). She is currently working on a six-part TV series for a popular TV streaming service and a theatrical production out of Toronto.

# Dr. Caroline Tait, PhD

Dr. Caroline Tait is a member of the Métis Nation-Saskatchewan, from MacDowall, near Batoche, and has one adult son. She has a PhD in medical anthropology from McGill, and is a professor in the Department of Psychiatry, University of Saskatchewan. She was the first nominated principal investigator (NPI) of the CIHR-funded nātawihowin and mamawiikikayaahk Research, Training and Mentorship Networks (SK-NEIHR), and is the nominated principal investigator of the NEIHR National Coordinating Centre. She has conducted community-based research with First Nations and Métis communities and governments for over 25 years, publishing on FASD, child welfare, mental health, and micro-reconciliation. She meets regularly with a think tank of Elders, knowledge keepers, and healthcare professionals, exploring organ donation and transplantation. Her board memberships include the Canadian Association of Elizabeth Fry Societies, Elizabeth Fry Society of Saskatchewan, First Peoples Wellness Circle, and Mental Health Research Canada.