



Responding to Women Who

Experience IPV in Rural

Municipalities Across the Prairies

Environmental Scan



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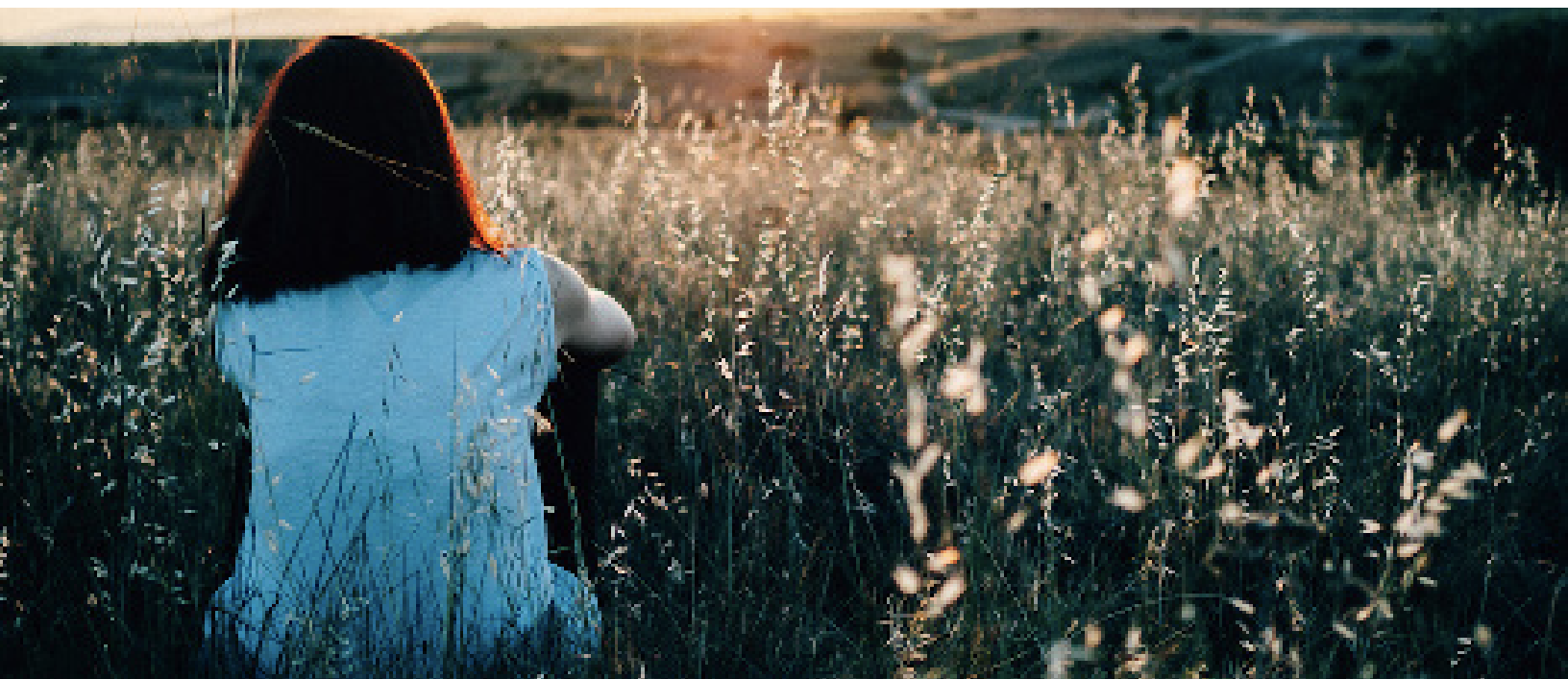
Executive Summary

This environmental scan reports on the agencies, programs, and services available to women from rural municipalities in Manitoba, Saskatchewan and Alberta who have experienced intimate partner violence (IPV). The scan includes a listing of organizations and a brief description of the services they provide for each province. The scope of the scan includes telephone support lines, criminal justice services, shelter and housing, counselling, and support services, including for those who experienced sexual assault, and services related to parenting and children affected by IPV. Agencies and programs are listed under these categories.

In addition to telephone support lines, and criminal justice services offered in different regions in each province, a total of 204 agencies and/or programs are included in the scan. In Manitoba, a total of 76 agencies/programs are included. These include 29 emergency shelters and second-stage transitional housing supports, 31 counselling services, community supports and/or outreach programs, 12 programs which provide parenting and child supports, and 4 sexual assault support services. In Saskatchewan, a total of 42 services are available. These include 18 emergency shelters or transitional housing supports, 16 counselling, community and/or outreach services, 4 programs which offer parenting and child supports, and 4 sexual assault support services. In Alberta, there are a total of 86 agencies and/or services offered including 50 emergency shelters or transitional housing supports; 18 counselling, community and/or outreach services, 8 programs which offer supports for parents and children, and 10 sexual assault support services. It is important to note that with the COVID-19 Pandemic, some in-person services and programs are temporarily suspended or closed. For further information on how certain services and supports are affected, please contact the agency.

Canada-Wide

Police Emergency.....	911
RCMP Emergency	911
RCMP Detachments	http://www.rcmp-grc.gc.ca/detach/en
Find a Safe Shelter	https://sheltersafe.ca/
Missing and Murdered Indigenous Women, Girls and Two Spirit People Support Line	
Immediate Assistance – 24/7 Hours	1-844-413-6649
Long Term Support – 24/7 Hours	1-866-250-1529
First Nations and Inuit Hope for Wellness Help Line – 24/7 Hours	1-855-242-3310
Indian Residential School Crisis Line – 24/7 Hours	1-866-925-4419
Canada Suicide Prevention Service – 24/7 Hours	1-833-456-4566
.....	Text: 45645
2SLGBTQ+ Youth Line (Peer Support) – 24/7 Hours.....	1-800-268-9688
Trans Lifeline – 24/7 Hours.....	1-800-330-6366
Veterans Crisis Help Line – 24/7 Hours.....	1-800-268-7708



Manitoba

Crisis and Support Lines

Toll-Free Province Wide Domestic Abuse Crisis Line (24/7).....	1-877-977-0007
Manitoba Suicide Prevention & Support Line (24/7).....	Toll Free: 1-877-435-7170
.....	www.reasonolive.ca
Interlake-Eastern Regional Health Authority - Mental Health and Intake and Crisis Line at Corporate Office (Mental Health Support)	
.....	24 Hour Crisis Line: 204-482-5419
.....	Toll Free: 1-866-427-8628
Northern Health Region (Youth – 17 and under Crisis Support)	
.....	Toll Free: 1-866-242-1571
Prairie Mountain Health – Crisis Line and Supports	
.....	South District Adult Crisis Line 24/7 Toll Free: 1-888-379-7699
.....	North District Adult and Youth Crisis Line 24/7 Toll Free: 1-888-332-3030
Southern Health-Santé Sud Crisis Services.....	Toll Free: 1-888-617-7715
Manitoba Farm, Rural & Northern Support Services.....	Toll Free: 1-866-367-3276
.....	www.supportline.ca
Klinic Crisis Line (24/7).....	Toll Free: 1-888-322-3019
Sexual Assault Crisis Line (24/7)	Toll Free: 1-888-292-7565
Trafficking Hotline (24/7).....	Toll Free: 1-844-333-2211

Criminal Justice Services

Manitoba Justice Victim Services

Manitoba Justice Victim Services provides support to victims of domestic assault throughout Manitoba when criminal charges have been laid against their partners. In addition, the program also provides support for families who receive assistance from the Winnipeg Police Service for domestic violence incidents that do not result in charges. This support includes court and criminal justice system information, liaising with the Crown attorney and other justice system staff, court preparation, court support/accompaniment (when possible), referrals for counselling, and safety and protection planning.

Toll-free Manitoba Line.....	1-866-484-2846
Winnipeg Region (Winnipeg).....	204-945-6851
Interlake/Eastman Region (Selkirk).....	204-785-5213
Central Region (Portage la Prairie).....	204-239-3378
South Central Region (Morris).....	204-746-8249
Westman Region (Brandon).....	204-726-7400
Parkland Region (Dauphin).....	204-622-5080
Norman Region (The Pas).....	204-627-8483
Thompson Region(Thompson).....	204-677-6368

Domestic Violence Support Service (DVSS)

405 Broadway (Manitoba Justice Building)

Winnipeg, MB R3C 3L3

Phone: 204-945-6851 (Winnipeg Region; see below for other regions)

Toll-free: 1-866-484-2846

DVSS helps victims of domestic violence when criminal charges have been laid, and assists those who have gone to police for domestic violence incidents but have not had their case result in charges or arrests. They provide information about the court process and criminal charges so that individuals understand the justice system. They may also speak with Crown attorneys regarding specific concerns victims may have about their cases and can connect both parents and children to appropriate community resources through referral and advocacy. The DVSS also provides safety planning services, emotional support, and short-term counselling.

Central Region Phone.....	204-239-3378
Interlake Region Phone.....	204-785-5213
Parkland Region Phone.....	204-622-5080
Norman Region Phone.....	204-6278483
Thompson Region Phone.....	204-677-6368
Westman Region Phone.....	204-726-6515

Child Victim Support Service

1410 – 405 Broadway

Winnipeg, MB R3C 3L3

Phone: 204-945-0662

Manitoba Justice Victim Services has created the Child Victim Support Service to help parents and children understand the court processes and to connect individuals with other supportive services. CVSS will provide court information, emotional support, referrals to other community resources, and assistance with victim impact statements. They can help prepare a child for court, including a visit to the courtroom to ensure the child is comfortable. Testimonial aids to help with the court experience are also an option. Short-term counselling is also offered for both victims and witnesses of a crime.

Compensation for Victims of Crime Program

1410 – 405 Broadway Avenue
Winnipeg, MB R3C 3L6
Phone: 204-945-0899
Toll-free: 1-800-262-9344
Email: cvc@gov.mb.ca

This program provides financial compensation to cover the cost of expenses and services required for victims or witnesses who have been injured and affected as a result of a crime that occurred in Manitoba. Individuals are eligible for this program if they have been injured or hurt in a crime, if they have personally witnessed a crime, and if they complete the required application within one year of the crime. Costs such as medical expenses, counselling fees, lost wages, and rehabilitation expenses can all be covered.

Protection Order Designates

A Protection Order Designate (POD) is an individual trained specifically to help people apply for Protection Orders. These orders are granted by a Justice of the Peace and often prevent the respondent from contacting the applicant, coming near the applicant, following the applicant, etc. These orders may also give the applicant the assistance of a police officer to remove belongings from the home. Protection Order Designates will help applicants with the process and are located at the following agencies in various regions:

Brandon:

Brandon Friendship Centre.....204-729-8115
Women's Resource Centre.....204-726-8632

Dauphin:

Parkland Crisis Centre.....204-622-4626

Flin Flon:

Women's Resource Centre.....204-681-3105

Portage la Prairie:

Portage Family Abuse Prevention Centre.....204-239-5234

Selkirk:

Nova House.....204-482-7882

Steinbach:

Agape House.....204-346-0028

Swan River:

Swan Valley Crisis Centre.....204-734-9369

The Pas:

Aurora House.....204-623-5497

Thompson:

MAPS.....204-778-6040
Thompson Crisis Centre.....204-677-9668

Winkler:

South Central Committee on Family Violence Inc. (Genesis House).....204-325-9957

Winnipeg:

A Woman's Place (NorWest Coop Community Health).....204-938-5912
Klinik.....204-784-4090
North Point Douglas Women's Centre.....204-947-0321
Pluri-elles (Manitoba) Inc.....204-233-1735 ext. 208
Rainbow Resource Centre.....204-474-0212
The Refuge (Riverwood Church Community).....204-668-3181 ext. 220

Shelters/Housing

Mary's House

Brandon, MB
Phone: 204-727-1268 (ext. 4)
Email: wcmh@samaritanhouse.net
<https://www.samaritanhouse.net/shelter-housing>

Mary's House provides four second-stage housing units for women and their children who have experienced domestic violence. Along with providing women and children with safe and secure transitional housing, Mary's House has counselors who work with families while they are in residence. Counselling services are also available to children who are not in residence.

Westman Women's Shelter (YWCA)

148 11th Street
Brandon, MB R7A 4J4
Phone: 204-727-3644
24hr Crisis Line: 1-877-977-0007
Email: ywca2@wcgwave.ca
<https://www.ywcabrandon.ca/homes-and-programs>

The Brandon YWCA Westman Women's Shelter is an emergency shelter which offers a short-term safe and supportive environment for abused women and their children. The shelter delivers individual and group counselling for women and children, crisis intervention and referrals for medical, housing, financial, legal and employment needs, as well as public education presentations and workshops on violence against women. They also host a children's group one afternoon per week which is open to both children in the residential program and those in the community.

YWCA Meredith Place

148 11 St
Brandon, MB R7A 4J4
Phone: 204-571-3680
Email: pbabiak@westman.wave.ca
<https://www.ywcabrandon.ca/homes-and-programs>

Affiliated with the YWCA Westman Women's Shelter, the YWCA Meredith Place is a co-ed housing facility located in Brandon. It offers transitional housing for women and men who have histories of violence, mental health issues, substance abuse issues, etc. Although the housing facility does not provide any on-site programming or counselling, the staff make referrals to appropriate agencies within the community.

Parkland Crisis Centre & Women's Shelter

P.O. Box 651
Dauphin, MB R7N 2V4
Phone: 204-638-9484
Toll-Free 24/7 Crisis Line: 1-877-977-0007
Email: pkndcris@mymts.net
<http://parklandcrisiscentre.ca/index.php>

Parkland Crisis Centre is an emergency shelter providing support to women and children who are fleeing intimate partner violence and abuse. Through the provision of a 24 hour crisis line, emergency shelter, counselling, education and advocacy, the shelter strives to empower abuse survivors to make positive life changes. The shelter also offers outreach/non-residential supports and services for women and men, as well as child and youth programs, counselling and support groups for children exposed to violence. In addition, weekly drop-in parenting programs – Nobody's Perfect Parenting, Triple P Parenting – are offered here.

First Nation Healing Centre Inc. (FNHC) – Fisher River Cree Nation

P.O. Box 365

Koostatak (Fisher River), MB R0C 1S0

Phone: 204-654-2750

Toll-Free 24/7 Crisis Line: 1-800-692-6270

First Nation Healing Centre Crisis Text Line: 204-330-4788

www.firstnationhealingcentre.ca

FNHC provides short-term housing, supportive counselling and advocacy services for women and children who are victims of violence while promoting traditional healing. The Centre has a 24-hour crisis line available, and it also provides non-residential/outreach services for women and men to address physical, mental, social, emotional and spiritual needs. FNHC can assist women with applying for a protection order against an abusive partner, and offers referrals to medical, legal and social service agencies. They offer programs on family violence, anger management, art therapy and programs focused on the effects of family violence on children.

Nisichawayasihk Cree Nation (NCN) Women's Shelter

20 Otetiskiwin Drive

Nelson House, MB R0B 1A0

Emergency On-Call: 204-679-1996

NCN Women's Shelter 24/7 Landline: 204-484-2635

Email: womensshelter@ncncree.com

<http://www.ncncree.com/community-facilities-and-programs/ncn-womens-shelter/>

The NCN Women's Shelter provides temporary shelter for women and their children who are in crisis or are dealing with domestic violence or abuse at home. The 8-unit shelter is available 24 hours a day and offers counselling, family and domestic violence programs, Elder support and childcare, as well as support programs for families seeking healing from violence. NCN also provides outreach services and programs, and the shelter collaborates with other resources to help women from all communities.

Jean Folster Place Women's Shelter – Norway House Cree Nation

P.O. Box 250

Norway House, MB R0B 1B0

Phone: 204-359-3444

Toll-Free 24/7 Crisis Line: 1-877-885-5889

Jean Folster Place offers temporary emergency shelter and crisis intervention services for women and children experiencing domestic violence or abuse. In addition to crisis intervention, the shelter provides support groups and walk-in counselling. Jean Folster Place is open to all who seek refuge from domestic violence, including women and children from remote communities. They also offer referrals for other supports, including medical, legal and social services.

Portage Family Abuse Prevention Centre

P.O. Box 1541

Portage la Prairie, MB R1N 3P1

Centre 24/7 Support Line: 204-239-5233

<https://www.abuseprevention.ca>

The Portage Family Abuse Prevention Centre is a safe place where women and children receive free, safe, and supportive emergency housing and are provided with support through individual and group counselling, referral services, domestic violence education and advocacy. Parenting programs and groups for children and youth exposed to domestic violence are also offered.



Mamawehetowin Crisis Centre – Mathias Colomb Cree Nation

P.O. Box 133
Pukatawagan, MB R0B 1G0
Phone: 204-553-2302
Toll-Free 24/7 Crisis Line: 1-866-432-1041

Mamawehetowin Crisis Centre provides women and children experiencing domestic abuse with emergency shelter. The shelter offers several services including support groups, walk-in counselling, crisis counselling, crisis intervention, and follow-up services. Mamawehetowin also provides referrals to medical, legal and social service agencies for all women and children in remote communities.

Nova House

P.O. Box 337
Selkirk, MB R1A 2B3
Phone: 204-482-7882
Crisis Line: 204-482-1200
Nova House Text Line: 204-805-NOVA (6682)
Email: info@novahouse.ca
<https://www.novahouse.ca/>

Nova House is an emergency and transitional shelter for women and children experiencing domestic or family violence. One interim housing unit in the community is available when other options for safe housing are not available to women when the emergency shelter program is complete. In addition to shelter, Nova House provides women with individual short and long term counselling, one-on-one counselling for women with childhood sexual abuse issues, support groups, child-care, assistance in accessing community resources, and follow-up services for ongoing support. Nova House also offers parenting workshop and programming for children who have been exposed to violence in the home. The RISE Program offered by Nova House is a residential follow up program for women and children in need of long-term support.

Wechihin Waskkahikan Women’s Shelter – Shamattawa First Nation

P.O. Box 126
Shamattawa, MB R0B 1K0
Phone: 204-565-2548

Wechihin Waskkahikan is an emergency shelter for abused women and their children. Some of the resources and services that this shelter offers include supports groups, crisis counselling and referrals to other resources and agencies. Services are provided in a culturally appropriate and respectful manner.

Snow Lake Centre on Family Violence

131 Balsam St
Snow Lake, MB R0B 1M0
Phone: 204-358-7141
Email: snowlakefrc@gmail.com
<https://www.snowlakefrc.com/>

Snow Lake Centre on Family Violence offers support, information and counselling for men, women and children who have experienced domestic violence in the Snow Lake area. Their services include: counselling, crisis intervention, programming, referrals and educational workshops. In addition to having an on-site daycare for childcare, Snow Lake Centre also provides family counselling on topics such as domestic violence, marital and relationship issues, as well as family dynamics. For women and children fleeing violence, Snow Lake Centre on Family Violence provides emergency shelter and transportation.

Women's Safe Haven/Resource Services Inc.

60 Hapnot St
Flin Flon, MB R8A 1L6
Phone: 204-681-3105
Email: womensresourcecentre@mymts.net
www.womensresource.ca

The Flin Flon Women's Safe Haven provides emergency accommodations and a variety of services to women and children within Flin Flon and surrounding areas. In efforts to protect and empower women and youth, Women's Safe Haven offers counselling, support, information and referral services, and community-based outreach programming.

Agape House - Eastman Crisis Centre

P.O. Box 3130
Steinbach, MB R5G 1P5
Phone: 204-326-6062
Agape House 24/7 Crisis Line: 204-346-0028
<https://agapehouse.ca>

Agape House – Eastman Crisis Centre is a non-profit organization that serves the Southeast region of Manitoba by providing emergency shelter, information, counselling and ongoing support for women and children experiencing family violence. Agape House also provides referrals to appropriate services and supports. Their children's program helps children exposed to violence in the home through counselling, activities, and promoting fun and healthy play. Agape House also has two transitional housing units to help women make the transition toward independent living.

Swan Valley Crisis Centre

119 9 Ave N
Swan Valley, MB R0L 1Z0
Phone: 204-734-9369
Swan Valley 24/7 Crisis Line: 204-734-9368

Swan Valley Crisis Centre is an emergency shelter which delivers service to women, children and families who have experienced domestic violence. Some of these services include residential and non-residential counselling, peer support groups, education, and advocacy and referrals. For children, Swan Valley offers youth counselling, safety planning and educational programs. The Centre also provides those in need with second-stage transitional housing accommodations. Women and children living in rural and remote locations outside of Swan Valley are among the populations that the centre serves.

Aurora House

P.O. Box 3779

The Pas, MB R9A 1S4

Phone: 204-623-7427

Crisis Line: 204-623-5497

<https://www.aurorahouse-sharethecare.com>

Aurora House is a branch of The Pas Committee for Women in Crisis and is an emergency shelter that helps address domestic violence and abuse in the Norman region through support and education. In addition to emergency shelter and crisis line support, they provide residential and non-residential counselling, support groups and referrals to other supports and services are provided. Their children's services include child care during support groups, youth counselling, safety planning for children, and educational programs.

My Sister's House

P.O. Box 3779

The Pas, MB R9A 1S4

Phone: 204-623-7427

<https://www.aurorahouse-sharethecare.com>

The Pas Committee for Women in Crisis operates My Sister's House, an interim housing apartment complex for women establishing themselves in a life free from violence.

Thompson Crisis Centre

P.O. Box 1226

Thompson, MB R8N 1P1

Phone: 204-677-9668

24 Hour Crisis Line: 204-778-7273 or 1-877-977-0007

Email: tcc9668@mymts.net

<https://www.thompsoncrisiscentre.com>

Thompson Crisis Centre offers emergency shelter, counselling, support programs, advocacy, and healthy living programming for women and children experiencing domestic violence. The Centre has a 24-hour crisis line and provides referrals to other appropriate services. As part of the Children's Program, the Centre provides both individual and group counselling for children and parents, parenting classes, playgroups, family fun nights and on-site childcare for clients when they are in counselling sessions or need to attend appointments in the community. The Thompson Crisis Centre offers services and support to people from all over Northern Manitoba.

Genesis House

P.O. Box 389

Winkler, MB R6W 4A6

Phone: 204-325-9957

Crisis Line: 204-325-9800

<https://www.geneshouseshelter.ca>

Genesis House is a shelter which provides support and crisis services for women and children who experience violence. In addition to a 24-hour crisis line, some of the services that Genesis House offers include residential and non-residential counselling, advocacy services, follow-up supports, second-stage housing, and referrals for financial assistance, employment services and other services as required. The shelter also provides counselling for children and teens exposed to violence, as well as on-site childcare. Services cover a large region of the Southwestern part of the province.

Age and Opportunity

200-280 Smith St

Winnipeg, MB R3C 1M5

Phone: 204-956-6440

Email: intake@aosupportservices.ca

<http://www.aosupportservices.ca/our-three-pillars/safety-security/safe-suite/>

Age and Opportunity offers the Safe Suite Program – which is a program that provides temporary housing for men, women and couples aged 55 years or older who are in need of a safe place to stay due to family violence or neglect and whose needs cannot be effectively met by existing abuse/crisis services. In addition to providing short-term housing accommodations, the Safe Suite Program has social workers who provide counselling services, and supports which provide practical assistance with arranging finances, housing, and legal support services.

Alpha House

P.O. Box 37015
Winnipeg, MB R2M 5R3
Phone: 204-982-2011
<https://www.alphahouseproject.ca>

Alpha House is long-term, second-stage housing program which offers full-time counselling and practical supports for women and children fleeing domestic violence and abuse. Alpha House provides multiple supports, some of which include safe and furnished housing, individual and group counselling for women and children, family counselling, family activities and programs, and follow up support.

Bravestone Centre

St Norbert P.O. 202
Winnipeg, MB R3V 1L6
Phone: 204-275-2600
Email: info@bravestonecentre.ca
<http://bravestonecentre.ca>

Bravestone Centre is a non-profit organization which assists women and children affected by domestic violence and abuse. The Centre offers secure and safe transitional housing, individual and group counselling, support programs, advocacy services, and referrals to community resources. Bravestone Centre provides women and children fleeing family violence with independent housing for a period of 12 months while offering ongoing therapeutic and support programs.

Holy Names House of Peace

211 Edmonton St
Winnipeg, MB R3C 1R4
Phone: 204-942-5535
Email: hope04@shaw.ca
<https://www.houseofpeace.ca/contact>

Holy Names House of Peace is a not-for-profit organization which offers an intercultural, life affirming refuge for those needing help in Winnipeg. This organization primarily delivers shelter and services to impoverished and marginalized persons as well as refugees and migrants. The House of Peace provides a safe and secure shelter for newcomer women for up to 2 years, and it also offers several programs and services, some of which include: activities and programs promoting self-confidence and interdependence, education and skills training, and a sacred place for prayer and reflection. There is also a program for women experiencing domestic violence.

L'entre-temps des Franco-Manitobaines

P.O. Box 183
Winnipeg, Manitoba R2H 3B4
Phone: 204-925-2550
Email: etfm@mts.net
<http://cdeacf.ca/organisation/lentre-temps-franco-manitobaines-inc>

L'entre-temps des Franco-Manitobaines is a non-profit organization that offers safe and stable housing for women and children fleeing domestic violence. In addition to providing safe housing, they offer several services and supports in efforts to end the cycle of violence and promote family harmony. Chez Rachel is one of their secure residences for women and children, and some of the services that they provide include counselling, education and awareness-building, as well as advocacy services and legal support.

Ikwe Widdjiitiwin (Ikwe)

P.O. Box 1056

Winnipeg, MB R3C 2X4

Phone: 204-987-2780

Ikwe Toll-Free Crisis Line: 1-800-362-3344

www.ikwe.ca

Ikwe is an emergency shelter that offers many programs and services to women and children experiencing intimate partner violence and family violence. These include individual and group counselling, access to cultural ceremonies, follow-up programs and outreach services. Ikwe also offers weekly drop-in parenting counselling groups, as well as children's programming which provides individual and group counselling to empower and support children who have been affected by domestic violence. Ikwe also has a longer-term interim housing program, which provides independent housing and ongoing services for women and children.

Indigenous Women's Healing Centre - Memengwaa Place (IWCH)

105 Aikins Street

Winnipeg, MB R2W 4E6

Phone: 204-989-8240

Email: rswnt1@ihwc.ca

Formerly known as the Native Women's Transition Centre, IWCH offers support to Indigenous women and mothers on their journey of healing and recovery from family violence, addictions, intergenerational issues and institutionalization. IWCH has three long-term residential sites located in the Winnipeg region for Indigenous women and children: North Star Lodge; Memengwaa Place; and Eagle Women's Lodge. In addition to providing safe and secure housing accommodations, IWCH offers individual and group counselling, numerous support and educational programs, as well as advocacy and outreach services. Memengwaa residents can access all IWCH supports and programs such as: children's programming and activities, as well as the Parenting Program – Mother Goose Group – to educate and provide counselling for strong and healthy parent/child bonds. All programs are offered from an Indigenous perspective and include the use of traditional ceremonies and healing.

Velma's House

154 Sherbrook St.

Winnipeg, MB

Phone: 204-560-3007

<https://www.kanikanichihk.ca/velmas-house/>

Velma's House is a 24/7 drop-in safe space managed by Ka Ni Kanichihk. It is open to women aged 18+, and members of the 2SLGBTQ+ community who identify as female. There is no need to book an appointment or call ahead. It provides emergency clothing, laundry and shower facilities, hot meals, access to traditional medicines, elders, ceremony, and cultural ways of healing, and other supports. It is a safe space for those experiencing homelessness, violence or exploitation.

Wahbung Abinoonjiiag

225 Dufferin Ave

Winnipeg, MB R2W 5N7

Phone: 204-925-4610

<http://www.wahbung.org>

Wahbung Abinoonjiiag is a non-profit community-based Indigenous organization that aims to empower families and break the cycle of violence through offering holistic healing supports as well as culturally appropriate teachings and activities in a safe and nurturing environment. In addition to providing counselling, Wahbung Abinoonjiiag offers many programs for women and children affected by family violence, including: Mom's and Tiny Tots (for children under 5), Traditional Parenting, Empowering Indigenous Women & Girls, Junior Youth (Co-ed aged 6-12), Senior Youth (Co-ed aged 13-18), as well as Mentorship programming for Youth. Wahbung Abinoonjiiag also has long-term transitional housing accommodations for up to one year for families transitioning out of violence.

Willow Place

P.O. Box 1786

Winnipeg, MB R3C 2ZG

Phone: 204-615-0313 ext. 0

Willow Place Crisis Line: 204-615-0311

Willow Place Crisis Text Line: 204-792-5302

<https://willowplaceshelter.ca/>

Willow Place is a family violence agency which supports healing and healthy relationships through providing emergency shelter and programming for women and their children. In addition to shelter, the agency offers a 24-hour crisis line, individual and group counselling, advocacy and referrals to community supports, as well as outreach services and follow-up supports. All services are provided free of charge.

Counselling/Support

Lakeshore Women's Resource Centre

2 Ave. North Box 628

Ashern, MB R0C 0E0

Phone: 204-768-3016

Email: lwrc@mts.net

Lakeshore Women's Resource Centre is an agency which offers several free services, programs and information for women and their families who experience family violence. Some of these services and programs include individual in-person or telephone counselling, transportation, information and referrals, crisis intervention and safety planning, advocacy services, group counselling and community workshops. They also provide several programs on a 'fee for service' basis, including anger management workshops, conflict resolution workshops, and parenting programs.

Elsbeth Reid Family Resource Centre

255 – 9th Street

Brandon, MB R7A 6X1

Phone: 204-726-6280

Email: frc@cfswestern.mb.ca

This facility is focused on supporting families and children in the community and offers courses, workshops, support groups, and parent-child activities. They assist parents with transportation and childcare while parents are attending programming. Various support groups are also available, as well as special events and community programs.

The Counselling Centre

335 9th Street

Brandon, MB R7A 4A8

Phone: 204-726-8706

Email: info@counsellingcentre.ca

<https://counsellingcentre.ca>

The Counselling Centre offers individual, couple, family, and group counselling, offered through referral or self-referral. Counselling may cover a wide variety of issues including stress management, conflict resolution, and crisis counselling. Prices are based on a sliding fee scale to ensure affordability. Counselling is typically short-term, but varies on an individual basis. They offer couples' counselling designed specifically for separation and divorce or reconciliation, as well as family counselling for parent/child conflict and blended family issues.



Peaceful Futures

148 11 St
Brandon, MB R7A 4J4
Phone: 204-571-3680

Peaceful Futures (at YWCA Brandon) is a free counselling program with qualified marriage and family therapists for couples who deal with past relationship issues and are committed to a peaceful future. This is a confidential program. There are also other programs at YWCA Brandon geared towards girl and boy children, such as YWCA Girl Space, YWCA Power of Being a Girl, and YWCA Strength in Being a Boy.

The Women's Resource Centre

729 Princess Avenue
Brandon, MB R7A 0P4
Phone: 204-726-8632
Toll-free: 1-866-255-4432

This non-profit organization provides a range of services for women and their families in southwestern Manitoba. Their counselling services are free for women who have experienced abuse at the hands of an intimate partner or family member. Advocates are also available for women who may need assistance navigating the resources available in Brandon/Westman. Art therapy and other drop-in services are offered. Free counselling is also available for children who have experienced family violence. This is designed to help children through trauma in a safe way, teach healthy ways of coping, and assist in developing trust.

Interlake Women's Resource Centre

87 5th Ave
Gimli, MB R0C 1B0
Phone: 204-642-8264
Email: iwrc@mymts.net

Interlake Women's Resource Centre (IWRC) is a community-based resource centre that offers counselling and programs to women and families in Gimli and surrounding areas. IWRC provides crisis intervention services, information and referrals to appropriate agencies or resources, individual and group counselling for women, parents and children, as well as outreach services for surrounding communities.

Nelson House Medicine Lodge

Box 458

Nelson House, MB R0B 1A0

Phone: 204-484-2256

<https://www.medicinelodge.ca/contact-us/>

Nelson House Medicine Lodge is an organization which offers residential alcohol and drug treatment and prevention programming for individuals living in Nelson House and its surrounding areas. Nelson House Medicine Lodge focuses on holistic healing practices, and combines traditional Indigenous methods with contemporary techniques and treatments. In addition to offering alcohol and drug treatment programs, they also offer in-house workshops on multiple topics, including family violence, sexual abuse, domestic abuse, and grief and loss.

Life Story Counselling

206 – 250 Manitoba Avenue

Selkirk, MB R1A 0Y5

Phone: 204-482-6544

Email: info@lifestorycounselling.com

Individual counselling, family counselling, couple's counselling, and coaching are all offered. Experienced counsellors who have worked with children in the welfare system, as well as children who have been through trauma and violence are available and will use a variety of methods and techniques to address client issues.

Crocus Counselling Centre

2 – 581 Main Street

Steinbach, MB R5G 0L3

Phone: 204-326-9353

Email: crocus.counselling@gmail.com

Crocus Counselling Centre serves those in Steinbach and the surrounding area. It works with sexual, emotional, and physical abuse issues, as well as anger management problems, family conflict, and couple's problems.

Snow Lake Family Resource Centre

131 Balsam Street

Snow Lake, MB R0B 1M0

Phone: 204-358-7141

Email: snowlakefrc@gmail.com

The Snow Lake Resource Centre is dedicated to providing services for women and families that will empower them to make informed choices, especially regarding cycles of violence they may have experienced. They have mental health information and referrals available, counselling for men, women, and children, and crisis support.

Eden Healthcare Services Inc.

Head Office

Box 129 / 309 Main St

Winkler MB R6W 4A4

Toll Free: 1-866-895-2919

Counselling Services: 1-888-310-4593

Tel: 204-325-5355

Other locations are in Altona, Portage la Prairie, Steinbach, and Winnipeg.

Eden Health Care Services Inc. is a faith-based organization. They provide clinical and community health programs including housing, employment and counselling services.

Andrews Street Family Centre

220 Andrews St
Winnipeg, MB R2W 4T1
Phone: 204-589-1721
Email: asfc@shawbiz.ca

Andrews Street Family Centre is a resource centre which offers a variety of services to families, individuals, elders and youth in the Winnipeg area. In addition to providing drop-in programs for children and parents, Andrews Street Family Centre also offers on-site support services such as community phone, laundry services and employment assistance.

Aurora Family Therapy Centre

University of Winnipeg
515 Portage Avenue
Winnipeg, MB R3B 2E9
Phone: 204-786-9251

Aurora Family Therapy offers a variety of therapy services, including counselling for individuals, families, couples, newcomers, and groups. Families go to Aurora for issues regarding communication, parenting, blended families, divorce, grief, trauma, anger, and violence.

A Woman's Place (NorWest Co-Op Community Health)

200 – 323 Portage Avenue
Winnipeg, MB R1N 0X4
Phone: 204-940-6624
Domestic Violence Text Line: 431-400-9600
Email: ehalprin@norwestcoop.ca

A Woman's Place Domestic Violence Support and Legal Services provides supportive counselling and legal services for women who are in the process of leaving an abusive relationship or have exited one. All services are confidential and include legal advice, legal representation and information, presentations on family law, support groups and counselling, referrals, as well as children's counselling specifically for kids who have witnessed domestic violence. They also provide services to immigrant women (including refugee women, women in cross-cultural relationships, women with visitor's visa, student visa or work permit). Family violence services are offered at the 785 Keewatin Street location. This agency is also a Protection Order Designate.

Couples Counselling Project – The University of Manitoba

485 Selkirk Ave
Winnipeg, MB R2W 2M6
Phone: 204-474-6711
Email: couples@umanitoba.ca

The Couples Counselling Project is a service/training/research program which helps couples that have experienced abuse and violence in the past work towards an abuse-free relationship. The overall goal of the program is to prevent further abuse and to help couples develop a strong, abuse-free relationship. Services are confidential and free of charge, and couples can contact The Couples Counselling Project directly or can be referred by other professionals in the community.

Elmwood Community Resource Centre (ECRC)

545 Watt Street
Winnipeg, Manitoba
R2K 2S2
Phone: 204-982-1720

Counselling support for mental health and domestic violence: 431-275-2290 from 10 am to 6pm Monday to Friday.

Elmwood Community Resource Centre serves the community of Elmwood. It provides various family and community-oriented services, including a counselling and domestic violence support line.

Family Dynamics

Portage Place Mall
401-393 Portage Avenue
Winnipeg, MB R3B 3H6
Phone: 204-947-1401
Email: info@familydynamics.ca
<http://www.familydynamics.ca>

Counselling, in-home family support, parent coach program, art therapy, and other family resources/programs are offered through Family Dynamics. Fees are based on family income, family size, and ability to pay. No one is refused service for inability to pay.

Fort Garry Women's Resource Centre

1150 Waverley St
Winnipeg, MB R3T 0P4
Phone: 204-477-1123

Fort Garry Women's Resource Centre (FGWRC) is a non-profit, feminist organization which offers responsive programming for women and children in Winnipeg and surrounding areas. All of their programs and services are free-of-charge and are available through self-referral. Although FGWRC does not offer drop in or crisis counselling, they do provide referrals, outreach services, public education workshops and childcare services.

Ka Ni Kanichihk Inc.

455 McDermot Ave
Winnipeg, MB R3A 0B5
Tel. (204) 953-5820
Email: admin@kanikanichihk.ca

102-765 Main Street
Winnipeg, MB R2W 3N5
Tel. (204) 594-6500
<https://www.kanikanichihk.ca>

Ka Ni Kanichihk provides numerous services and healing programs to women, families, men, youth, children, and 2 Spirit community grounded in traditional Indigenous knowledge and trauma-informed practices.

Klinic Community Health

167 Sherbrook St Portage Avenue
Winnipeg, MB R3C 2B7
Phone: 204-784-4090
Evolve Family Violence Phone: 204-784-4059
Email: [klinik@klinik.mb.ca](mailto:klinic@klinik.mb.ca)

Klinic offers Evolve Family Violence Counselling which provides domestic abuse counselling services for individuals and families who have been affected by family violence. They offer both men's and women's programs, as well as family counselling for parents and their children. The counselling programs for women help them explore safety and protection needs, recover from the effects of intimate partner abuse, and outline the next steps for their family.

Ma Mawi Wi Chi Itata Centre

445 King Street (Main Site)
Winnipeg, MB R2W 2C5
Phone: 204-925-0300
Toll Free: 1-888-962-6294
Email: info@mamawi.com
<http://www.mamawi.com>

Ma Mawi Wi Chi Itata Centre firmly believes in the importance of family and have developed many initiatives toward main-

taining family dynamics and facilitating reunification where possible. Some of their services include: emergency services, home-based crisis intervention, parenting groups, and personal growth and development groups. Their open groups are available to anyone in the community, while their closed group requires registration and acceptance into the program. Ma Mawi Wi Chi Itata Centre also offers the Spirit of Peace program which addresses family violence in separate programs for men, women, and youth. The program provides counselling, advocacy, referrals, as well as cultural and spiritual healing practices.

Manitoba Keewatinowi Okimakanak, Inc. (MKO) Mobile Crisis Response Team

Winnipeg Office

102-1700 Ellice Avenue,
Winnipeg, MB R3H 0B1

Thompson Office

206-55 Selkirk Avenue,
Thompson, MB R8N 0M5

Head Office

Nisichawayasihk Cree Nation
Nelson House, Manitoba
R0B 1A0

Crisis Line: 1-844-927-LIFE (5433)

Email: crisisresponse@mkonorth.com

The MKO Crisis Response Team provides holistic, culturally sensitive, and safe crisis response and trauma intervention to First Nations in Manitoba with the help of an all-Indigenous team of special frontline helpers.

Mount Carmel Clinic

886 Main Street

Winnipeg, MB R2W 5L4

Phone: 204-589-9409

Email: info@mountcarmel.ca

Counselling services are provided to all residents of the North End Point Douglas areas of Winnipeg who do not have financial coverage to pay for services elsewhere. Women can receive counselling support that addresses a variety of issues including relationships and trauma. The Mount Carmel Clinic is home to the Manito Ikwe Kagiikwe (Mothering Project) which provides support to any woman who is pregnant or early parenting (child under 3) and has a substance use problem. Services are provided free of charge and also include community outreach, referrals and advocacy, access to prenatal care, support groups, and traditional ceremony and teachings.

Native Women's Transition Centre

105 Aikins Street

Winnipeg, MB R2W 4E6

Phone: 204-989-8240

Email: rswnwt1@nwtc.cc

The Native Women's Transition Centre provides comprehensive supports to Indigenous women and their children who are struggling to move on from violent or unhealthy situations. The agency encourages traditional Indigenous values and cultures and uses Indigenous healing methods to help women and children achieve stability. They offer crisis services, parenting programs, healing circles, and family violence prevention programs.

North End Women's Centre

394 Selkirk Avenue

Winnipeg, MB R2W 2M2

Phone: 204-589-7347

Email: info@newcentre.ca

The North End Women's Centre is a non-profit organization that serves women and their families. Their resources include information, referrals, outreach, employment programs, and support groups. Their children's program is intended for children aged 0-12 and gives them a chance to learn new skills and improve their behaviour, as well as learn new coping and communication skills, depending on past trauma and experiences. Group and individual sessions are available. Counselling for women 18 or older is available on an individual basis, in groups, and in both open and closed settings.

North Point Douglas Women's Centre

221 Austin Street N
Winnipeg, MB R2W 3M8
Phone: 204-947-0321
Email: info@npdwc.org

The North Point Douglas Women's Centre works to create opportunities for women to engage with their community and address all forms of violence with prevention and remediation strategies. Their drop-in services include computer access, laundry facilities, group activities with other women and children, and clothing/houseware items. The centre also offers free counselling a few times a week where women are invited to either walk-in or make an appointment. Their Red Road to Healing program is designed for women who have experienced family violence. They also have many programs and activities for children and families.

Renaissance Centre Inc.

844 Autumnwood Drive
Winnipeg, MB R2J 2G9
Phone: 204-256-6750
Email: renais@mymts.net

This organization offers bilingual counselling and programs intended to enhance the well-being of the people in the community. Long-term counselling and psychotherapy are available in both French and English for children, teens, and adults. Issues such as divorce, stress management, family mediation, trauma, and abuse are covered. Stress reduction classes, yoga, and meditation are also available.

The Laurel Centre

104 Roslyn Road
Winnipeg, MB R3L 0G6
Phone: 204-783-5460
Email: info@thelaurelcentre.com

The Laurel Centre provides individual and group counselling to women over the age of 16 who have experienced childhood and/or adolescent sexual abuse. This centre assists women in healing from sexual abuse, and its counselling methods are centred on building positive coping strategies and healthy relationships.

The Refuge (Riverwood Church Community)

325 Talbot Avenue
Winnipeg, MB R2L 0P9
Phone: 204-668-3181 ext. 220
Email: refuge@riverwood.cc

The Refuge is a collection of programs created by the Riverwood Church that is designed to respond to the needs of women living in the area. Both open and closed support groups are available for a variety of topics. Specific groups and specialized counselling are both offered for women who have experienced trauma and violence. Programs and groups are held in various locations and they also have a drop-in program that operates on a first-come, first-served basis.

Wahbung Abinoonjiiag Inc.

225 Dufferin Avenue
Winnipeg, MB R2W 5N7
Phone: 204-925-4610
Email: coordinator@wahbung.org

Wahbung's focus is on prevention, healing, awareness, and capacity building. They offer programs and services for women and their families who have been affected by domestic violence. Counselling is available for women and children using a humanistic approach. Individual, group, cultural, children's, and women's counselling are all offered. They also have domestic violence prevention workshops, advocacy, and aftercare for women who are fleeing violent relationships.

Wolseley Family Place

Lower Level, 691 Wolseley Avenue
Winnipeg, MB R3G 1C3
Phone: 204-788-8052
Email: admin@wfpwpg.ca

Wolseley Family Place has a variety of services and programs that involve education, support, and community links. They believe in the importance of community capacity building, population health, equality, and changing the atmosphere so that every family is able to have similar choices and opportunities. They offer many programs for parents and children focused on nutrition, building relationships, parenting etc. Individual consultations on specific topics are also available for parents.



Parenting/Children

Brandon Access Exchange Service (BAES)

144 12th Street
Brandon, MB R7A 4L7
Phone: 204-729-8115
Email: bfcaccess@mymts.net
Website: <https://www.brandonfriendshipcentreinc.ca/>

BAES is a parent and child visitation access program run by the Brandon Friendship Centre. This program provides services such as supervised visits and exchanges for non-custodial parents and children in a neutral and child centered

setting. BAES is voluntary unless court ordered and both parents must initiate contact with BAES before the application process starts. Supervised visits are \$10 for a 2-hour visitation and supervised exchanges have a fee of \$5.

Brandon Friendship Centre Inc.

836 Lorne Avenue
Brandon, MB R7A 0T8
Phone: 204-727-1407
Email: bfcinc@mymts.net
Website: <https://brandonfriendshipcentreinc.ca/>

Brandon Friendship Centre Inc. serves the Indigenous people in the community. They provide various services for families and youth, recreation, parent/child programs and parent/infant programs, affordable housing and others.

Family Enhancement Program

Winnipeg Child & Family Services

WRHA Access Downtown
640 Main Street
Winnipeg, MB R3B 0L8
Phone: 204-940-2167

Southeast Child & Family Services

1410 Mountain Avenue
Winnipeg, MB R2X 3C4
Phone: 204-594-0494
Toll-free: 1-855-821-8027

Metis Child, Family, and Community Services

2000 Portage Avenue
Winnipeg, MB R3J 0K1
Phone: 204-927-6960
Toll-free: 1-800-821-8793
<https://www.metiscfs.mb.ca/index.php>

Opaskwayak Cree Nation Child & Family Services

225 Waller Road
Opaskwayak, MB R0B 2J0
Phone: 204-627-7157
Toll-Free: 1-877-627-7240
<http://ocncfs.ca>

Sagkeeng Child & Family Services Inc.

P.O. Box 700
Pine Falls, MB R0E 1M0
Phone: 204-367-2215
Toll-free: 1-877-367-4020

Nikan Awasisak Agency Inc.

P.O. Box 388
Cross Lake, MB R0B 0J0
Phone: 204-676-4411

The Family Enhancement Program aims to increase services to First Nation children and families, on and off-reserve. Their approach focusses on detecting problems before they impair the health and development of families and children. Services provided include respite, parenting skills, anger management and domestic violence workshops, intensive family supports, Elder support, Ceremony/Teaching support, and family case conferencing.

Futures

125 Commercial Place
Thompson, MB R8N 1T1
Phone: 204-667-7820
Email: futures@marymound.com

Futures is a community-based program which offers extensive programming for families and children. Offered by Marymound, Futures provides several community programs for families in the Thompson area. Future's Relationship Shifts program is universal and can be utilized by anyone experiencing different forms of intimate partner violence.

Alloway Therapy Services

468 Academy Road
Winnipeg, MB R3N 0C7
Phone: 204-284-0466
Email: lynne@allowaytherapy.com

Alloway is a multifaceted therapeutic team that offers services to individual children, as well as their caregivers and families. In addition to play therapy and EMD, they offer a program specifically for families experiencing conflict. Families in Transition provides services for families going through change due to divorce or separation. Treatment for children of high conflict divorce and education for parents is offered. Individual parent and individual children's therapy are available, as well as parent/child therapy, which can help facilitate parent-child communication through separation. Fees are determined by the nature of the services being utilized, but can be flexible.

MOSAIC -Newcomer Family Resource Network

397 Carlton Street
Winnipeg, MB, R3B 2K9
Phone: 204-774-7311
Email: mosaicinfo@mosaicnet.ca

MOSAIC - Newcomer Family Resource Network provides various family-focused programs geared towards the newcomer parents and primary caregivers. These include language classes and development of parenting skills.

New Directions Parenting Centre

3rd Floor 717 Portage Avenue
Winnipeg, MB R3G 0M8
Phone: 204-786-7051
<https://newdirections.mb.ca>

This agency provides services such as counselling, assessment, support, prevention, and education for parents and children. The family therapy program is designed for families who are experiencing significant difficulties that affect their family life such as couple conflict and domestic violence. Family counselling and individual counselling are available. Services are free of charge.

Knowles Centre Inc.

2065 Henderson Highway
Winnipeg, MB, R2G 1P7
Phone: 204-339-1951
Email: info@knowlescentre.org

Knowles Centre is a community-based, not-profit social service agency for children, adolescents and young adults facing difficult times in their lives. It offers group care treatment, treatment foster care, independent living, day treatment and sexual abuse treatment programs.

Tupper Street Family Resource Centre (TSFRC)

234 Princess Avenue
Portage la Prairie, MB R1N 0R1
Phone: 204-239-3986
Email: frontdesk.tsfrc@gmail.com

TSFRC provides community-based services to families in Portage la Prairie and the surrounding areas. All services are accessible to everyone as they are offered at no cost. Referrals to other agencies and resources are provided, as well as a clothing depot and access to computers and the Internet. They offer programs regarding healthy parenting, nutrition, toddler care, parent drop-in, and positive discipline.

Westman Immigrant Services

1001 Pacific Avenue
Brandon, MB, R7A 0J2
Phone: 204-727-6031
Email: info@westmanimmigrantservices.ca

Westman Immigrant Services provide interpretation services, language assessments, English classes, and other services for newcomer families. In addition, they also provide information and orientation about parenting, family law, family life, and women's wellness programs.

Winnipeg Children's Access Agency

385 River Avenue
Winnipeg, MB R3L 0C3
Phone: 204-284-4170
Toll Free: 1-866-886-6153
<http://www.wcaa.ca>

WCAA offers a range of supervised visitation programs for children and their family members who have experienced some level of conflict. The programs are child-focused and strive for consistency, safety and respectful communication. Both parents are required to contact the agency to apply for services. This agency allows children who may not otherwise have contact with their parents to visit with them in a safe space.

Y's Women's Centre

39 Nickel Rd,
Thompson, MB R8N 0A1
Phone: 204-778-1209
Email: womensprograms@ywcathompson.com

The Centre provides a safe environment and programming for women and their children, girls and teens. Women, their children and girls are offered a supportive environment to improve their understanding of community resources, enhance their capacity to make healthier choices, motivate themselves and each other to lead, increase awareness of issues in the community that impact them and their families.

Sexual Assault Counselling/Services

Survivor's Hope Crisis Centre Inc. (SHCC)

30 Vanier Drive
Pinawa, MB R0E 1L0
Telephone: 204-753-5353
Website: survivors-hope.ca

SHCC is a sexual violence resource centre, serving those of all genders in the Interlake Eastern region of Manitoba. They focus both on support for healing and prevention. Sexual Assault Recovery and Healing (SARAH) crisis intervention is available 24/7. They provide emotional support, information on options, referrals, and support services for those affected by sexual assault of any sex, gender, or background who are 15 and older.

SANE (Sexual Assault Nurse Examiner)

Health Sciences Centre
820 Sherbrook Street
Winnipeg, MB R3A 1R9
Telephone: 204-787-2071
<https://hsc.mb.ca/emergency/>



The Sexual Assault Nurse Examiner Program (SANE) is a group of specially trained female nurses who provide treatment 24/7 to people of any gender and any age who have been sexually assaulted or recently assaulted by their intimate partner (sexually and/or physically). SANE provides options and choices about medical care and/or police reporting, medication to prevent infection and pregnancy, and connects with counselling services and community resources.

Heart Medicine Lodge at Ka Ni Kanichihk Inc.

455 McDermot Ave
Winnipeg, MB R3A 0B5
Tel. (204) 953-5820
Email: admin@kanikanichihk.ca

102-765 Main Street
Winnipeg, MB R2W 3N5
Tel. (204) 594-6500

Heart Medicine Lodge program of Ka Ni Kanichihk provides a culturally-based support and advocacy services for Indigenous women who have experienced sexual assault and sexual violence. The services are available to all who identify as women and are over the age of 18.

Klinic Community Health Centre

870 Portage Avenue
Winnipeg, MB R3G 0P1
Telephone: 204-784-4090

845 Regent Avenue West
Winnipeg, MB R2C 3A9
Telephone: 204-938-5555 (Drop-In)

545 Broadway
Winnipeg, MB R3C 0W3
Telephone: 204-784-4067 (Drop-In)
24-Hour Sexual Assault Crisis Line: 204-786-8631
Toll-Free: 1-888-292-7565
TTY: 204-784-4097
www.klinic.mb.ca

Klinic Community Health Centre provides primary health care services for individuals and families, teens, and adults. They provide crisis support and drop-in counselling program.

Saskatchewan

Crisis and Support Lines

SaskHealthLine.....	881
.....	www.healthlineonline.ca
Saskatchewan Farm Stress Line – 24/7 Hours.....	1-800-667-4442
West Central 24/7 Crisis Line:.....	306-463-1860
24/7 Mobile Crisis Helpline:.....	306-757-0127

Criminal Justice Services

Victim Services

The Victim Services program in Saskatchewan works with police in assisting victims during the aftermath of a crime or tragedy and throughout the criminal justice process. Services offered include crisis intervention, information and support, and referrals to other programs and services. Victim Services are currently being expanded province-wide, and new police jurisdictions will be added as services come available.

Regina.....	306-787-3500
Regina (Witness Services).....	306-787-3883
Regina (Domestic Violence Victim Services).....	306-757-6675
Prince Albert.....	306-953-2353
Prince Albert (Witness Services).....	306-953-2798
Battlefords.....	306-446-1550
La Ronge.....	306-425-4576
Meadow Lake.....	306-236-0461
Saskatoon.....	306-933-5173

Emergency Intervention Order Designates

An Emergency Intervention Order (EIO) is a court order that may order a suspected abuser not to talk the victim or contact them or their family through any form of communication; give the victim the immediate right to stay in their home, without the suspected abuser being there; direct a police officer to remove the suspected abuser from the home; direct a police officer to go with the victim or the suspected abuser to supervise the removal of personal belongings from the home on a one time basis; or include any other conditions that may provide for the victim's immediate protection. The conditions may vary depending on each victim's situation.

To get an EIO, an individual should contact the police, a victim services program, or mobile crisis worker and inform them that they are a victim of interpersonal violence. These supports will help the victim decide if an EIO would help keep them and their family safe. The police may lay criminal charges against the suspected abuser.

Once a victim receives an EIO, if they or the suspected abuser want to change it, an application must be made to the Court of Queen's Bench.

Shelters/Housing

Ts'ekwi K'oni Koe (A place to protect women)

Black Lake, SK

Phone: 306-439-2777

Text: 306-439-7487

www.athabascahealth.ca

Ts'ekwi K'oni Koe provides emergency domestic violence shelter serving the Northern communities of Saskatchewan.

Qu'Appelle Haven Safe Shelter

P.O. Box 457

Fort Qu'Appelle, SK S0G 1S0

Phone: 306-332-6881

Toll-Free Crisis Line: 1-888-332-7233

Qu'Appelle Haven is an emergency shelter for women and children leaving abusive situations. Services also include counselling, group therapy, healing circles, parenting skills, and other activities that help families adjust to abuse-free lifestyles. Programs and services are also provided to, and focus on the well-being of the children.

Piwapan Women's Centre

P.O. Box 888

La Ronge, SK S0J 1L0

Phone: 306-425-3900

Piwapan 24/7 Crisis Line: 306-425-4090

<http://www.pwcprograms.com>

Piwapan Women's Shelter offers emergency shelter for women and their children who are experiencing family violence and abuse. Shelter staff will provide support and assistance with personalized safety plans, group counselling, finding new living accommodations, applying for financial support, referrals to legal & medical services, assistance with job search and transportation to and from appointments. The outreach programs and the crisis line of this agency are available to men and may and provide support, advocacy, referrals, and educational programming. Piwapan also provides individual support, networking, referrals, advocacy, education and activities for survivors of sexual assault.

Waskoosis Safe Shelter

204 1st Street E

Meadow Lake, SK S9X 1T7

Phone: 306-236-5570

Crisis Line: 306-236-5570

Waskoosis provides emergency shelter and support services for women and their children experiencing domestic violence. Waskoosis has 21 beds available in seven bedrooms, so it can accommodate up to seven families or 21 residents at a time. In terms of support services, Waskoosis has a 24/7 crisis line telephone, it offers advocacy and referral services to appropriate agencies, and it provides counselling both over the phone and in-person.

Wichihik Iskwewak Safe House (WISH)

(no public address)
Regina, SK
Phone: 306-543-0493
Email: wishshelter@sasktel.net

WISH provides temporary shelter, individual and group support, and counselling to women and children fleeing from domestic violence. WISH uses both traditional and western therapy methods, and it also provides advocacy and referral services.

Yorkton Tribal Council - Project Safe Haven

21 Bradbrook Drive N (Head Office)
Yorkton, SK S3N 3R1
Phone: 306-782-8838
Toll-Free Crisis Line: 1-877-444-2836

Yorkton Tribal Council – Project Safe Haven provides a supportive and safe place for women and children experiencing domestic violence. This shelter has a 24-hour crisis intervention line, and the services that they offer include counselling, referrals and information to legal aid, social services, mental health and addiction services, and practical assistance to become re-established in the community. Holistic healing and access to Elders are also available upon request.

Lloydminster Interval Home

P.O. Box 1523 (Mailing Address)
Lloydminster, SK S9V 1K5
Phone: 780-808-5282
Crisis Line: 780-875-0966 (call), 780-808-1777 (text)
Community Outreach Workers: 780-808-5282

The Lloydminster Interval Home provides emergency shelter to women and their children experiencing family violence or other crisis. Services offered at this shelter include information and support to abused women, referrals to other community resources, support programs for families, and residential programming for women and children. Dol-Mar Manor is an extension of the short-term emergency shelter, and it provides independent living and supports for families for up to one-year. Lloydminster Interval Home also offers a two-level Self Empowerment for Women program that provides support and information to women who have experienced violence in an intimate relationship. Childcare for children up to age six years is provided to women who attend this program.

North East Outreach & Support Services (North East Women's Shelter)

126 McKendry Ave W
Melfort, SK S0E 1A0
Phone: 306-752-9464
Toll-Free 24/7 Crisis Line: 1-800-611-6349
Email: adm@neoss.ca

North East Outreach and Support Services enhances the safety and wellness of individuals and families who are experiencing family violence, sexual assault and crisis in the North East region of Saskatchewan. They provide short-term emergency shelter, support services, counselling and advocacy for women and their children fleeing domestic violence situations.

Moose Jaw Transition House

P.O. Box 1866
Moose Jaw, SK S6H 7N6
Phone: 306-630-5191
24/7 Crisis Line: 306-693-6511 (call); 306-631-0962 (text)
Email: thousedir@sasktel.net
<https://www.mj-transitionhouse.com>

Moose Jaw Transition House is a safe and secure shelter space for women and children to stay. In addition to providing a safe place, Moose Jaw Transition House has a 24-hour crisis phone and text line, and it offers in-house programming and counselling for women and children who are healing from domestic violence. The shelter also provides advocacy, referrals and follow-up programming to assist women on their journey to living without violence. Their Community Outreach Program offers programming to males and females over the age of 13 who live in the area.

Battlefords Interval House

North Battleford, SK S9A 1H7

Phone: 306-445-2742

24/7 Crisis Line: 306-445-2742

Email: info@battlefordsintervalhouse.ca

Battlefords Interval House provides emergency shelter and support services for women and children experiencing domestic violence. Staff at the shelter offer one-on-one counselling for women and their children, supports to find safe and affordable housing, transportation to necessary appointments and school, referrals to community resources, and family-based activities and celebrations. Battlefords Interval House also has a 24-hour crisis line available to women, men and children experiencing abuse.

Prince Albert Safe Shelter

P.O. Box 21025 C.H.P.O.

Prince Albert, Saskatchewan S6V 8A4

Phone: 306-764-7233

www.pasafeshelter.ca

Prince Albert Safe Shelter provides temporary emergency shelter, support, transportation, referrals and resources to women and children experiencing physical, mental, sexual, emotional and/or spiritual abuse. Their residence accommodates up to 26 residents, and they offer in-housing group and individual programming on a wide range of topics.

Isabel Johnson Shelter - YWCA Regina

1940 McIntyre Street (main office)

Regina, SK S4P 2R3

Phone: 306-525-2141 Extension 114

Isabel Johnson Shelter provides emergency shelter and support services for women and their children experiencing family violence. Up to 10 spaces are available for women and their children to stay for four to six weeks where they receive counselling, advocacy, assistance in accessing housing and transportation while determining their options for a violence-free future. YWCA Regina also offers many programs and workshops on healthy relationships and violence prevention to the surrounding community.

Regina Transition House

P.O. Box 1364

Regina, SK S4P 3B8

Phone: 306-757-2096

Regina Transition House 24/7 Crisis Line: 306-569-2292

Email: info@reginatransitionhouse.ca

www.reginatransitionhouse.ca

Regina Transition House provides short term emergency housing and support services to women and children fleeing family violence. In addition to providing safe temporary housing, Regina Transition House adopts a holistic response in its counselling, support and referral services in order to help women and children heal from violence. Their outreach programs provide ongoing support and services to women and children from the time of their departure from shelter until they establish independence in the community. The shelter also offers cultural programming such as feasts, ceremonies and sharing circles with a local Elder to ensure spiritual practices are honoured.

SOFIA House

Box 37125

Regina, SK S4S 7K4

Phone: 306-565-2537

Counsellor's Office: 306-565-6060

Email: office@sofiahouse.ca

SOFIA House is a second-stage housing facility that provides safe housing and programming for women and children survivors of domestic violence. In addition to providing a safe place to stay, SOFIA House offers on-site programming, individual and group counselling, as well as education to help women and children heal from the violence.

Saskatoon Interval House/Adelle House Second Stage

Saskatoon, SK

Phone: 306-244-0185; 306-668-2761

Toll-Free Crisis Line: 1-888-338-0880

<https://saskatoonintervalhouse.org>

Email: infoSIH@saskatoonintervalhouse.org

Saskatoon Interval House provides temporary shelter and support services for women and their children leaving domestic violence or abuse. Some of the services that Saskatoon Interval House offers include: 24/7 crisis line, supportive counselling, referral services to appropriate agencies, as well as advocacy and guidance services. One program offered within Saskatoon Interval House is Adelle House; which is 12 unit apartment building providing women and their children with second-stage transitional housing for up to one year.

YWCA Saskatoon Emergency Shelter

510-25th Street E

Saskatoon, SK S7K 4A7

Phone: 306-244-2844

The YWCA Saskatoon offers short-term emergency shelter for all women and children who are in need of a safe place to stay for up to 30 days. The shelter welcomes clients experiencing a variety of challenges including domestic abuse, homelessness, addiction and mental health issues. There is crisis counselling, assistance with conflict resolution, and referrals to other agencies or professionals.

Shelwin House

P.O Box 1828, 29 3 Ave N

Yorkton, SK S3N 3R2

Phone: 306-783-7233

Toll-Free Crisis Line: 1-888-783-3111

<https://shelwinhouse.ca>

Shelwin House provides short term emergency shelter and support services for women and their children fleeing domestic violence situations. In addition to temporary housing, some of the services that Shelwin House offers include: a 24/7 crisis line, supportive counselling, as well as advocacy and referrals to appropriate services. They also offer outreach programming and education in order to prevent abuse and violence. Although Shelwin House is based in Yorktown, Saskatchewan, they help and/or assist with transferring women and children to another shelter.

Southwest Safe Shelter

Box 1102

Swift Current, SK, S9H 3X3

Phone 306-778-3386

Toll-free: 1-800-567-3334

Email: swcsoutreachsw@sasktel.net

<https://www.swcrisis.ca/safe-shelter>

This is a safe place for women and their children leaving an abusive situation. Women and their children can stay here for up to 4 weeks. They provide a secure and confidential home-like environment, 24-hour support, information and referrals. They also have an Animal Safekeeping Program.



Counselling/Support

Envision Counselling and Support Centre

Carlyle Office

P.O. Box 1017
Carlyle, SK S0C 0R0
Phone: 306-453-2405

Oxbow Office

P.O. Box 511
Estevan, SK S4A 2A5
Phone: 306-483-5555

Weyburn Office

120 3rd Street S
Weyburn, SK S4H 2C2
Phone: 306-842-8821

Estevan Office

P.O. Box 511
Estevan, SK S4A 2A5
Phone: 306-637-4004

Email: info@envisioncounsellingcentre.com

Website: <http://envisioncounsellingcentre.com>

Envision Counselling and Support Centre provides counselling, workshops, groups, and additional supports for individuals, families and couples who are survivors of abuse, violence, sexual assault, stalking or harassment. All services are free of charge. The Envision Counselling and Support Centre offers two programs – The Family Intervention Program and the Children Exposed to Violence Program – for families who have experienced abuse or violence. These programs offer immediate support and crisis counselling to families and children in order to help them heal from the violence and trauma experienced.

Hudson Bay Family & Support Centre

P.O. Box 403
Hudson Bay, SK S0E 0Y0
Phone: 306-865-3064
24/7 Northeast Crisis Line: 1-800-611-6349
Email: hbfamilyandsupport@sasktel.net
https://www.hbfamilyandsupport.ca/Home_Page.php

The Hudson Bay Family and Support Centre offer ongoing crisis support, advocacy, and referrals for families and individuals in distress. Support workers in the Family and Personal Violence Prevention and Support Program provide information, referrals, crisis assistance and response, assistance to a safe place or shelter, accompaniment to legal, medical and financial appointments, and court support and preparation. The Family Support Program for at-risk families provides intensive, in home support with family support workers helping parents to foster healthy development of families and their children. Referrals to other agencies and resources are also provided.

PARTNERS Family Services

231 Main Street

P.O. Box 2741

Humboldt, SK S0K 2A0

Phone: 306-682-4135

Email: admin@partnersfamilyservices.ca

<https://www.partnersfamilyservices.ca>

PARTNERS Family Services is a non-profit organization based in Humboldt, SK and offers services to rural communities within a 100km radius. They work with men and women who have experienced or are at risk of experiencing interpersonal violence. Clients work with social workers to increase physical and emotional safety. 24/7 services are available to aid individuals experiencing crisis and in need of immediate and short-term support. Counselling services do not require referral or diagnosis and are available for adults experiencing a variety of challenges. There is currently no fee for any services provided.

Catholic Family Services of the Battlefords

101-1272 101st Street

North Battleford, SK S9A 0Z8

Phone: 306-445-6960

battlefords.cfs@sasktel.net

<https://battlefordscfs.ca>

This Catholic agency offers services regardless of religious affiliation or economic situation. Services include counselling, family support services, and support for children exposed to violence. Their Family Violence Outreach Program provides prevention, intervention and therapeutic services to victims of violence. They also offer programs specifically for children who have been exposed to interpersonal violence.

Prince Albert Catholic Family Service

300-1008 1st Avenue W

Prince Albert, SK S6V 4Y4

Phone: 306-922-3202

Toll-Free: 1-877-922-3202

cfspace@sasktel.net

<https://www.cfspa.ca>

This agency offers a variety of programs that incorporate Christian principles for children, adolescents and parents. After the Storm is a support group for survivors of intimate partner violence; a survivor is defined as anyone who recognizes they need support to live an abuse-free life. There is a \$20 fee for this program. Riding the Wave is a free of charge program that aims to help parents and children who have experienced or witnessed violence and abuse to understand and cope with their experiences. There is no fee for this specific program and transportation/ childcare are available.

Prince Albert Mobile Crisis Unit

Unit C – 4050 2nd Avenue W

Prince Albert, SK

Crisis Line: 306-764-1011

Sexual Assault Line: 306-764-1039

Administration Line: 306-763-8181

<https://www.pacrisis.ca>

Mobile crisis provides support for those facing immediate crisis. Short and long term sexual assault counselling sessions are available for any individual affected by sexual assault. Crisis Counsellors provide support to victims of domestic violence in Prince Albert, regardless of gender. Intervention orders can be applied for through the mobile crisis unit and safety plans can be developed for women/children/men who are unable to go into shelter.

Family Healing Circle Lodge

128 Avenue Q S

Saskatoon, SK S7M 1T3

Phone: 306-653-3900

Family Healing Circle Lodge is an organization which offers information provision and referral services, crisis intervention, counselling, support group(s)/peer support and advocacy services for those who have experienced family violence. Family Healing Circle Lodge also provides follow-up and support services to families.

The Circle Project – Family Violence Program

1102 8th Avenue
Regina, SK S4R 1L9
Phone: 306-347-7515
<https://www.circleproject.ca/cp2015/>

As a community agency, the Circle Project works with individuals and families to break the cycles of violence. Through the Family Violence Program families are guided through the healing process and are given the tools to develop skills for preventing unhealthy conflict. A key component of the Family Violence Program is the Circle Project's Anger Resolution Techniques (ART) program, which helps individuals learn to identify their frustrations, stress and triggers that can lead to violence.

Family Service Regina

200-1440 Broadway Avenue
Regina, SK S4P 1E2
Phone: 306-757-6675
Email: info@familyserviceregina.com

Family Service Regina is committed to being involved in the community and strengthening families and individuals through their programs and resources. They offer support and groups specifically for those who have been impacted by domestic violence; some are drop-in while others require registration and multiple sessions. Support is also offered through safety planning and counselling, over the phone or in person. Counselling fees are determined based on a sliding scale and it is also possible to have them subsidized if the client is unable to pay.

Family Service Saskatoon

102, 506 25th Street E
Saskatoon, SK S7K 4A7
Phone: 306-244-0127
Domestic Violence Court Caseworker: 306-975-8212
Email: info@familyservice.sk.ca

This agency offers services and leadership that support individuals and families in creating safe and healthy relationships. They have walk-in counselling services, as well as many low cost or free family and individual programs. They also have Domestic Violence Court Caseworkers who are available at no cost. These workers ensure that victims of domestic violence are supported throughout their court case and provide encouragement toward victims during trial.

Kanawayimik Child & Family Services

91 23rd St W
Battleford, SK S0M 0E0
Phone: 306-445-3500
Toll-Free: 1-888-445-5262

Kanawayimik Child and Family Services protects children and aids in the strengthening of families through the provision of holistic, culturally relevant services that respect the values and traditions of Indigenous communities. They offer a variety of programs and activities related to empowering families, including the Family Violence Program which provides one-on-one counselling and anger management sessions on a weekly basis for both men and women.

West Central Crisis and Family Support Centre

#116-1st Avenue West, Box 2235
Kindersley, SK S0L1S0
Phone: 306-463-6655
24 Hour Crisis Line: 306-463-1860

West Central Crisis and Family Support Centre offers support services to individuals and families experiencing violence and crisis, as well as outreach programs to communities in surrounding areas. Some of the services that they offer include: outreach services; victim services; individual, family, youth and crisis counselling; as well as advocacy and referral services. The Centre has a variety of programs including: a family support program, a diversion support program, a youth initiative program, and an outreach program.

Melfort/Counselling and Professional Services | Aspire Too

202 Main Street (2nd floor)
Melfort, SK S0E 1A0
Phone: 306-382-2391

Aspire Too offers a variety of services and supports, including: one-on-one support, couples counselling, corporate and assessment services, as well as supports for the whole family. They also offer addictions services and specialized services (i.e., court-based counselling, pre-mediation coaching, supervised visitation, etc.) for families going through high conflict divorces.

Saskatoon Crisis Intervention Service

103-506 25th Street E
Saskatoon, SK S7K 4A7
24 hour phone: 306-933-6200
Email: info@saskatooncrisis.ca
<https://saskatooncrisis.ca>

Saskatoon Crisis Intervention Service offers services such as mobile crisis services, crisis management, and housing first programming. Crisis services are offered free of charge and are based on an assessment by a crisis worker.

Southwest Crisis Services

P.O. Box 1102
Swift Current, SK S9H 3X3
Phone: 306-778-3386
Toll-Free: 1-800-567-3334
Email: swcsoutreachmanager@sasktel.net
<https://www.swcrisis.ca>

Southwest Crisis Services is a non-profit, community-based organization which provides shelter, outreach support and counselling, sexual assault services and a crisis help line for individuals in the entire southwest region of Saskatchewan. Southwest Crisis Services help women, men and children dealing with interpersonal issues or who are at risk of experiencing abuse through their outreach support counselling. They also provide supports and education in developing healthy family relationships.

SIGN Counselling Services

83 North Street
Yorkton, SK S3N 0G9
Phone: 306-783-9409
Email: signadmin@sign-yorkton.org
<https://signyorkton.ca>

SIGN offers free of charge counselling services for individuals, couples, and children who have experienced family violence. Services are available through referral and self-referral. Safety planning, agency referrals, and culturally appropriate programming as needed or requested are all offered through this agency. SIGN also has a specific Family Violence Program which provides one on one counselling, safety planning for clients, and appropriate agency referrals as necessary.

Parenting/Children

Prince Albert Children's Haven – 24 Hour Child Crisis Center

3 Elmwood Avenue
Prince Albert, SK S6V 7Z1
Phone: 306-922-4454
Email: chcc@sasktel.net
<https://www.pachildrenshaven.ca>

This agency provides emergency care for children up to age 12 when a family crisis occurs. Services offered for children include basic needs and supervised activities. Services are also offered for parents and families that involve consultation and support, as well as informational classes. The facility can accommodate up to 17 children at one time.

Battle River Treaty 6 Health Centre

1192 101st Street
North Battleford, SK S9A 0Z6
Phone: 306-937-6700 or 1-855-937-6700
<https://brt6hc.ca>

Battle River Treaty 6 Health Centre is a First Nations owned and operated health services organization providing community based health services to promote, support, and encourage the physical, mental, social and spiritual health. They run the Head Start program, which focuses on families with young children. Home Visitors will aid parents in interacting with their children and creating healthy family relationships. They also run similar family-centered programs at the Health Centre, where Elders are available to pray and model culture to parents and children.

Crisis Nursery

1020 Victoria Avenue
Saskatoon, SK S7N 0Z8
Phone: 306-242-2433
Email: lisa@crisisnursery.ca
<https://crisisnursery.ca>

Crisis Nursery is a safe place for children aged 0-12 years to go while their parents receive the help that they need during crisis situations. This agency offers resources and assistance in managing crisis or ongoing needs. All services are free and confidential and include nutritional meals and snacks, clothing and shoes (if needed), and a safe supervised place to play.

Supervised Access/Exchange Program – Family Justice Services

323 - 3085 Albert Street
Regina, SK S4S 0B1
Phone: (306) 787-9416

701 - 224 4th Avenue S.
Saskatoon, SK S7K 2H6
Phone: 306-933-5930

The Supervised Access/Exchange Program is a service facilitated by social workers and trained observers to ensure that children have access to their non-custodial parent in a safe setting. Exchanges of the child may be supervised so the child does not have to see any conflict or violence between their parents. Parents can access supervised exchange services by agreement or by a court order. Supervised visits may occur at one of the access centres located in Regina or Saskatoon. Parents can only use the supervised access service if the court orders them to use the service.

sions and public education programs. Services are provided free of charge.

Sexual Assault Counselling/Services

Lloydminster Sexual Assault Services

5011 49th Avenue

Lloydminster, SK S9V 1R5

Phone: 306-825-8255

Email: reception.lsaic@sasktel.net | <http://www.lloydminstersexualassault.com>

Lloydminster Sexual Assault Services provides crisis intervention services to individuals and families impacted by sexual violence. Their services are client-centred, and individual crisis intervention sessions are offered both in-house and at a number of outreach locations. RCMP, hospital and court accompaniment are available, as well as group counselling sessions and public education programs. Services are provided free of charge.

Battlefords & Area Sexual Assault Centre

1211 98th Street

North Battleford, SK S9A 0L8

Phone: 306-445-0055

Email: basac@sasktel.net | <http://basac.ca>

Battlefords & Area Sexual Assault Centre offers counselling on a both short and long-term basis for survivors of sexual assault and/or abuse. The Centre also offers prevention programming, as well as various advocacy services such as RCMP/Police accompaniment, court accompaniment, medical support, education, and referrals. All services are provided free of charge. Their service area(s) include Battleford, North Battleford, and the 200-km surrounding radius West, East and South of the Battlefords and all points North as required.

Regina Sexual Assault Centre Inc.

1830 Mackay Street

Regina, SK S4N 6R4

Crisis Line: 306-352-0434

Toll-Free: 1-844-952-0434

<https://www.reginalsexualassaultcentre.ca>

The Regina Sexual Assault Centre provides counselling and advocacy for individuals, families, and groups. In addition to having a 24-hour crisis line, they also offer workshops and workplace training centered on sexual assault and sexual violence. All services are offered free of charge.

Saskatoon Sexual Assault & Information Centre (SSAC)

Suite 201-506 25th Street East

Saskatoon, SK S7K 4A7

Phone: 306-244-2294

Crisis Line: 306-244-2224

Email: SSAIC@sasktel.net | <https://ssaic.ca>

Saskatoon Sexual Assault and Information Centre provides services for survivors of sexual violence (sexual abuse, sexual assault and sexual harassment) and secondary survivors or loved ones who have been impacted by the survivor's experience. They offer individual and group trauma-informed counselling services to people of all genders aged 12 and older; a total of 12 sessions are offered free of charge for all clients. Additional survivor support services are provided, and their crisis line is accessible 24/7.

Alberta

Crisis and Support Lines

Alberta Provincial Abuse Helpline.....	1-855-4HELPAB (1-855-443-5722)
Family Violence Information.....	Line 780-310-1818
Mental Health Help Line.....	1-877-303-2642
Health Link.....	811
Alberta's One Line for Sexual Violence.....	1-866-403-8000

Criminal Justice Services

Victim Services

Alberta Police Based Victim Service Programs offer information, support and local referrals for victims of crime and tragedy in accordance with the guidelines outlined in provincial legislation regarding victim rights and the Canadian Victims Bill of Rights. All Alberta police-based victim service programs utilize the services of highly trained volunteers to provide a 24/7 response to victims of crime and tragedy. Volunteers provide a variety of services, from the time of first response by police, to the final disposition of the case by the courts.

Alberta Line.....	403-632-9760
Blood Tribe Police (Standoff).....	403-737-8814
Calgary.....	403-428-8617
Camrose.....	780-672-4570
Edmonton.....	780-421-2217
Fort McMurray.....	780-788-4040
Lacombe.....	403-782-3279
Lethbridge.....	403-330-5023
Medicine Hat.....	403-529-8480
Maskwacis First Nations.....	780-585-4640
Piikani Nation.....	403-965-2001
Sunchild O'Chiese First Nation.....	403-844-4421

Emergency Protection Order Designates

An Emergency Protection Order (EPO) is granted when violent or threatening behaviour occurs between family members, and when there is evidence to suggest that the violence will resume or continue and that immediate protection is necessary. Police, the RCMP, Legal Aid or Victim Services can apply for an EPO at the request of a victim, and the order is then

granted by the court. The EPO prevents the respondent from contacting the applicant or the applicant's family, or from coming to the applicant's home, school, work, etc. These orders are only granted in situations of family violence. In case of emergency, call 911. Police officers can also make an application on your behalf. Individuals can apply for an Emergency Protection Order at several places:

Legal Aid Alberta's Emergency Protection Order Program (EPOP):

Edmonton.....	780-422-9222
Calgary.....	403-297-5260
Lethbridge.....	403-388-3162
Other Jurisdictions.....	1-866-845-3425
Family Violence Information Line (available 24/7 in 170 languages).....	780-310-1818

*EPO Telephone application due to COVID-19 – when no Provincial Court Judge

To allow applications for Emergency Protection Orders (EPO) to be made by telecommunication through the Provincial Hearing Office during the COVID-19 pandemic when there is no Provincial Court Judge available to hear the application.

For urgent matters, telephone applications for Emergency Protection Orders will be considered from: • For regular business days: Calgary Hearing Office - 4:00 p.m. to 7:00 a.m.; Edmonton Hearing Office - from 4:00 p.m. to midnight • For weekends and statutory holidays: Calgary Hearing Office - 24 hours per day; Edmonton Hearing Office - from 8 a.m. to midnight.

Procedures/Guidelines for Urgent Emergency Protection Orders:

1. The claimant is required to contact the local law enforcement agency (LEA) within their respective jurisdiction indicating their need for an Emergency Protection Order.
2. If the respective law enforcement agency will not make the telephone application on behalf of the claimant, and the claimant still wishes to make the application, they can contact Legal Aid at 780- 643-9288 for legal advice and representation. Legal Aid is only available Monday to Friday except on statutory holidays between the hours of 3:00 p.m. and 10:00 p.m.
3. If Legal Aid is providing representation on behalf of the claimant, they will make best efforts to verify the identity of the claimant and ensure that the Intake Sheet required for the application before the Justice of the Peace is completed.
4. If Legal Aid is not available to represent the claimant, the claimant can call the respective Provincial Hearing Office, based on the location of the claimant • Calgary Hearing Office @ (403) 297-4444, (for claimants located Wetaskiwin or south), or • Edmonton Hearing Office @ (780) 422-3699, (for claimants located north of Wetaskiwin)
5. Depending on the proximity of the claimant to one of the Provincial Hearing Offices, the claimant may be asked to attend the respective Hearing Office in person.
6. If the claimant is unable to attend the Hearing Office in person, the claimant will be required to:
 - a. Complete the [“Telephone Application for an Emergency Protection Order – By Claimant \(COVID-19\)”](#)
 - b. Fax or email a scan of the completed Application Form and copies of the front and back of their government issued identification (preferably an Ab Driver's License or Passport to the: • Calgary Hearing Office@ hearingoffice.calgary@just.gov.ab.ca, or by fax to (403) 297-3229; • Edmonton Hearing Office @ hearingoffice.edmonton@just.gov.ab.ca, or by fax to (780) 427-9479
7. If the claimant does not have any identification, they may be able to get assistance from their local police agency or they may be required to attend in person on the next sitting day.
8. If the claimant does not have access to a fax machine or scanner, the claimant may take a photo the documents with their phone and forward to the address noted in 6(b) above.
9. If the claimant does not have access to a computer, the Hearing Office clerk will complete the form on behalf of the claimant.
10. The claimant will be asked for a phone number (preferably a land line) where they can be reached once there is a Justice of the Peace (JP) available to hear the application.
11. The claimant will be advised that the Justice of the Peace will call them when the Justice of the Peace is ready to proceed with hearing the application. Therefore, the claimant is required to be available at the contact phone number they have provided when the Justice of the Peace calls.
12. The Justice of the Peace will contact the claimant once they are ready to proceed with the application.
13. If the Emergency Protection Order is granted by the Justice of the Peace, a copy of the Emergency Protection Order along with an information sheet (Information for the Claimant) will be sent to the claimant at the email or mail address provided on the [“Telephone Application for an Emergency. Protection Order – By Claimant \(COVID-19\)” form](#).

HomeFront

#501 620 7th Avenue SW

Calgary, AB T2P 0Y8

Phone: 403-206-2100

Email: info@homefrontcalgary.com

HomeFront works alongside the criminal justice system including police and victim services, and other community partners to aid in freeing the community from family violence. Clients access the service through direct referrals from Calgary Police. Often a case manager is assigned to victims, particularly when charges are being laid and the case is entering into the justice system. Individuals will be supported and guided through the court process and their safety and well-being will always be prioritized. Clients are also given referrals to other community programs, as well as information about potential next steps in their lives. HomeFront also partners with Calgary's Specialized Domestic Court to ensure appropriate and timely responses to domestic violence incidents.

Shelters/Housing

Cantara Safe House – Brooks and District Women's Safe Shelter Society

P.O. Box 1045

Brooks, AB T1R 1B8

Phone: 403-362-2766

Crisis Line: 403-793-2232

Email: bdwsss@shaw.ca

<http://cantarasafehouse.ca>

Cantara Safe House offers a 24 Hour crisis line, short-term emergency shelter, support groups, and outreach support. This shelter is gender inclusive and offers services to individuals or families in abusive relationships. Accommodation is available for up to 21 days while individuals are provided with support, information, and assistance in planning for their next steps.

Dr. Margaret Savage Crisis Centre

Box 419

Cold Lake, AB T9M 1P1

Phone: 780-594-5095

Helpline: 780-594-3353

Email: info@dmscc.ca

www.dmscc.ca

Dr. Margaret Savage Crisis Centre is an emergency shelter for women with or without children who are fleeing domestic violence or who are in a life crisis. They provide assistance, support and advocacy for individuals who need help. Some of the additional programs and supports that they provide include Joie's Phoenix House, which is a second-stage housing program for women and their children who have experienced violence and need longer support than emergency shelter; Community Support and Outreach Programs for men and women; Children's Education and Support Programs; Prevention Programming and Men's Groups for men.

Harbour House – YWCA Lethbridge and District

604 8th Street S (office address)

Lethbridge, AB T1J 2K1

Phone: 403-329-0088

Crisis Line: 403-320-1881

Toll-Free: 1-866-296-0447

Email: inquires@ywcalethbridge.org

YWCA Harbour House is a 24-bed emergency shelter for women and children who have experienced domestic violence. Accommodations are provided for up to 21 days, and counselling and support are available 24 hours a day. Harbour

House also offers referrals and advocacy services, as well as educational workshops for women and children on the impact of family violence on children, the cycle and dynamics of violence, and safety planning. Services are free of charge and always confidential.

Peace River Regional Women's Shelter Society

P.O. Box 7738
Peace River, AB T8S 1T3
Phone: 780-624-3466
Toll-Free: 1-877-624-3466
<http://prwss.com/index.html>

Peace River Regional Women's Shelter Society is a 24 bed facility that offers short term accommodation to women and children in need. This shelter offers a 24-hour help line, advocacy and referral services to other agencies, as well as risk assessment/safety planning.

Northern Haven Support Society

1004 11 Ave SE// P.O. Box 1433
Slave Lake, AB T0G 2A0
Phone: 780-849-4418
Crisis Line: 1-877-214-4418
Email: northernhaven@hotmail.com

Northern Haven is an emergency shelter for women and children in crisis. Some of the services that they offer include crisis intervention and trauma support, risk assessment and safety planning, advocacy and referrals to other agencies, as well as educational programming. These services are also available to those not using the emergency shelter.

Columbus House of Hope (Capella Centre)

P.O. Box 1237
St. Paul, AB T0A 3A0
Phone: 780-645-5132
Text: 780-227-6272
Crisis Line: 1-800-263-3045
Email: support@capellacentre.ca
<https://capellacentre.ca/>

This shelter offers emergency lodging for women and children fleeing domestic violence. As an extension of the Capella Centre, counselling—both individual and in groups—is offered. The Centre also provides support groups and cultural programs to families needing support, as well as to anyone in the community.

Blackfoot Family Lodge

830 – 7th Street North
Lethbridge, AB T1H 1Y7
Phone: 403-329-6506
Email: admin@bfls.org

The Blackfoot Family Lodge is an umbrella organization which offers numerous programs and services for Indigenous women and their families, including: emergency and transitional housing, social support service assistance and Blackfoot cultural education. The housing is a 12-bedroom residence that provides women and their children with a safe place to stay and heal from family violence and other crises.

Medicine Hat Women's Shelter Society

P.O. Box 2500
Medicine Hat, AB T1A 8G8
Help line: 403-529-1091
Toll-Free: 1-800-661-7949
Email: info@mhwss.ca
<http://www.mhwss.ca/index.html>

This gender inclusive shelter offers emergency shelter at Phoenix Safe House where 30 beds are available for individuals experiencing family violence. Their services include outreach services, drop in appointments and a 24-hour helpline that can be accessed by anyone who has experienced domestic violence. Safety planning and referrals to other community resources are also available. Their second-stage, transitional housing at Musasa House provides longer-term housing for women and children for up to one year while providing wraparound support services.

Pincher Creek Women's Emergency Shelter Association

P.O. Box 2092
Pincher Creek, AB T0K 1W0
Phone: 403-627-2114
Toll-Free: 1-888-354-4868
Email: pcwesa@telusplanet.net
www.pcshelter.ca

Pincher Creek Women's Emergency Shelter Association provides safe shelter and support services for women and children fleeing violent or abusive situations. They offer 24-hour counselling and crisis line, crisis intervention, in-house support groups, outreach and advocacy services, as well as educational workshops on family violence.

Kainai Women's Wellness Lodge – Kainai Children's Services Corporation

Hwy 2
Stand Off, AB T0L 1Y0
Phone: 403-737-2900
Toll free: 1-800-527-8627
Email: info@kainaicsc.ca
www.kainaiscs.ca

Kainai Women's Wellness Lodge provides a safe and secure environment, crisis intervention and support to women and children experiencing family violence or other related crises. Some of the services that they offer include a 24-hour crisis line, emergency accommodations, crisis counselling, Elder and cultural support, advocacy and referral services, education in family violence and safety, child support programs, and outreach services.

Safe Haven Women's Shelter Society

P.O. Box 4113
Taber, AB T1G 2C6
Crisis Line: 403-223-0483
Outreach Email: outreach1@tabersafehaven.ca, outreach2@tabersafehaven.ca
<http://www.tabersafehaven.ca/>

Safe Haven Women's Shelter believes every individual has the right to be free from abuse, especially within their own families. It provides emergency shelter services, crisis intervention and outreach services for women and children experiencing domestic violence. Safe Haven Women's Shelter also provides public education, and they operate the Safe Families Intervention Team Taber (SFITT) which provides services that encompass all family members exposed to violence.

Neepinise Family Healing Centre

Confidential Address; P.O. Box 900 (Mailing Address)
Wabasca, AB T0G 2K0
Phone: 780-891-3906
Toll-Free: 1-877-891-5322
Crisis Line: 780-891-3333
Email: janet.gladue@bigstone.ca

Neepinise Family Healing Centre is an emergency shelter for women and their children fleeing domestic violence. The Centre offers a wide variety of support services, including individual and group counselling, crisis intervention, emergency local transportation, case management and safety planning, children and youth programming, as well as domestic violence education and workshops.

Rowan House Emergency Society

P.O. Box 5121
High River, AB T1V 1M3
Phone: 403-652-3316
24-Hour Crisis Line: 403-652-3311 (text enabled)
Toll-Free: 1-855-652-3311
www.rowanhouse.ca

Rowan House is a short-term women's emergency shelter in Southern Alberta which provides a safe and supportive environment for women and their children fleeing domestic violence. Their facility has 24 beds in 7 rooms, and some of the programs and services that they provide include child care, counselling, educational workshops and safety planning, as well as community referrals and client advocacy.

Awo Taan Healing Lodge and Women's Shelter

4518 17th Avenue SE (Healing Lodge site) // P.O. Box 6084
Calgary, AB T2H 2L3
Phone: 403-531-1970 ext. 200
Crisis Line: 403-531-1972 or 403-531-1976
www.awotaan.org

The Awo Taan Women's Shelter provides short-term shelter and wholistic support for women and children experiencing domestic violence or other crises. The shelter consists of 32 beds that operate 24/7, and they offer programs related to child development and care, as well as healing circles and parenting programs where childcare is provided. They also have many programs focused on family violence prevention that are gender inclusive.

Calgary Women's Emergency Shelter

93031 RPO Stampede
Calgary, AB T2G 0X6:
Family Violence Helpline: 403-234-7233 (SAFE)
Toll-Free: 1-866-606-7233
TTY: 403-262-2768
Text: 403-604-6689
General Email: info@cwes.ca Crisis Email: help@cwes.ca

This shelter offers many healing and prevention programs to the community. Their emergency shelter is only available to women, but their 24 hour family violence helpline is designed for anyone experiencing abuse who is reaching out for support. A counsellor on the helpline provides support, information and referrals, escape and safety planning, and support in leaving an abusive partner. They also have Court Case Coordinators who can assist people who may need help navigating the court system.

Wellspring Family Resource and Crisis Centre

116 51st Avenue
Whitecourt, AB T7S 1A1
Phone: 780-778-6209
Crisis Line: 1-800-467-4049
<http://whitecourtshester.ca/>

Wellspring programs include an emergency shelter for women and their children. Wellspring also has an Outreach and Youth Outreach Program that provides intensive case management service, to women, men and youth in Whitecourt and the surrounding communities with priority given to those who have experienced family violence. Services include education, emotional support, information on family violence and its effects, referrals to other agencies for ongoing support or assistance, advocacy and assistance with immediate access to basic needs and practical supports.

The Brenda Strafford Centre for the Prevention of Domestic Violence

Calgary, AB

Phone: 403-270-7240

Email: centre@brendastraffordsociety.org

<http://brendastraffordsociety.com>

The Brenda Strafford Centre offers second-stage, transitional housing and supports for people at risk who have experienced family violence. Their second-stage housing program typically supports women and their children for up to six months, and their progressive housing program provides affordable and independent living in a two-bedroom apartment unit for up to 24 months. This shelter also offers individual, group and family counselling, in addition to numerous in-house services and child programs and counselling.

Kerby Rotary Shelter

1133 – 7 Avenue S.W. (Main Office)

Calgary, AB T2P 1B2

Phone: 403-265-0661

Crisis Line: 403-705-3250

Email: info@kerbycentre.com

<https://www.kerbycentre.com/>

Kerby Rotary Shelter provides a safe place for women and men of over 55 years of age who are fleeing abuse. In addition to accommodation, seniors are provided with 24 hour support that includes crisis intervention, advocacy, housing and financial support, life skills training, and medical referrals and community connections. These services are provided for up to 60 days.

Discovery House Family Violence Prevention Society

P.O. Box 85058

Calgary, AB T2A 7R7

Phone: 403-670-0467

Email: shelter@discoveryhouse.ca

www.discoveryhouse.ca

Discovery House provides longer-term, transitional housing and supports for women and children fleeing domestic violence. Through their Community Housing Program (CHP), Discovery House houses multiple families in their secure, 19-unit apartment complex for up to 14 months. They also provide counselling, support, and programs to help mothers and their children heal from the effects and trauma of violence.

YWCA Sheriff King Home – YWCA of Calgary

2003 – 16th Street SE (office address)

Calgary, AB T2G 5B7

Phone: 403-266-4111 (information line)

Crisis Line: 403-266-0707

Email: ywca@ywcalgary.ca

YWCA Sheriff King Home is a short-stay crisis shelter for women and their children leaving domestic abuse and violence. In addition to providing basic needs such as food and personal items, the shelter also offers individual domestic abuse counselling and support. Women leaving the shelter and moving into the community can also receive support from the YW Outreach Supports team, who help them navigate the system and refer them to other resources in the community.



Camrose Women's Shelter Society

P.O. Box 1405
Camrose, AB T4V 1X3
Phone: 780-679-4975 ext. 8
Crisis Line: 780-672-1035
Toll-Free: 1-877-672-1010
Email: crisiswork@camrosewomenshelter.org
www.camrosewomenshelter.org

The Camrose Women's Shelter assists individuals and families experiencing family violence and its effects work towards a life free of abuse. They support women and children in crisis through providing emergency shelter, counselling, and outreach services. They also offer off-site services through their 24-hour crisis line, off-site counselling and outreach program supports.

Hope Haven

P.O. Box 2168
Lac La Biche, AB T0A 2C0
Phone: 1-866-727-4673
Crisis Line: 780-623-3100
www.Hopehavenllb.com

Hope Haven offers both emergency shelter and second-stage transitional housing to women and children experiencing domestic violence or abuse. Hope Haven runs a community family violence program that is designed to help families heal from domestic violence and build healthy relationships. They also run a series of programming for men and women in separate groups that take place over 12 weeks, approximately 3 times a year. Lynne's House - which is a second-stage housing program offered by Hope Haven - provides transitional accommodations and a continuum of services for women and children. Individuals pay a small rent to live in an apartment unit and have access to all of Hope Haven programming.

Compass Second Stage Shelter - Waypoints

Treaty 8, 100-130 Prospect Drive
Fort McMurray, AB
Phone: 587-537-8903
Family Violence Crisis Line: 1-780-743-1190
Sexual Trauma Support Line: 1-780-791-6708
<https://www.waypointswb.ca>

Waypoints is a non-profit organization working to end domestic-family violence, sexual assault, abuse, and homelessness.

They offer a variety of services and supports, in the Wood Buffalo region, including an emergency shelter (Unity House), second stage housing, child development programs and next step programs. Individuals can call the 24-hour family violence crisis line and receive service through the Domestic-Family Violence Outreach Program which provides support to individuals who are experiencing or have experienced any form of domestic-family abuse, including child abuse, intimate partner violence, or relationship conflicts. Services include support, case management, individual trauma counselling, group programming, and advocacy.

Safe Home

P.O. Box 396
High Level, AB T0H 1Z0
Phone: 780-926-2277
Crisis Line: 780-926-3899
Toll-Free: 1-888-926-0301
Email: safehome@telusplanet.net

Safe Home offers shelter and counselling 24 hours a day to women in crisis and their children. Additional services that Safe Home offers include information provision and referrals, as well as community education and workshops on family violence and dating violence.

The Sonshine Centre – Sonshine Community Services

P.O. Box 34067 RPO
Westbrook, AB T3C 3W2
Phone: 403-243-2002
Email: info@sonshine.ca
www.sonshine.ca

The Sonshine Centre is a second-stage women's shelter which offers a full-year residential program and a six month follow-up program to help women safely integrate back into a life free from violence. Some of the services that Sonshine Centre provides for its residents include: individual counselling, support groups and group activities, on-site child care, education and information, as well as referrals to healthcare, addictions services, peer support, and legal support services.

YWCA Mary Dover House

320 5 Avenue Southeast
Calgary, AB T2G 0E5
Crisis Number: 403-266-0707
Phone: 403-263-1550
Email: ywca@ywcalgary.ca

YWCA Mary Dover House provides short-term supportive and affordable housing for women and children who are homeless, impoverished, and/or living in crises. Although their short-term housing requires a rental payment, Mary Dover House provides emergency beds for clients up to 14 days free of charge. They also offer advocacy, counselling and referral services, including referrals to YWCA community housing.

Alcove (formerly known as Youville Women's Residence)

1937 – 42 Avenue SW
Calgary, AB T2T 2M6
Phone: 403-984-2707
Email: intake@alcoverecovery.net

Alcove is a residential facility which helps women turn their lives around and break the cycle of addictions, abuse and mental health distress. Their goal is to help women heal from co-occurring issues of addiction, mental distress and histories of abuse through holistic counselling and programming. These services aim to meet the physical, emotional, spiritual and social needs of women. In order to keep families intact, Alcove offers accommodations and programs that include children.

Lurana Shelter Society

P.O. Box 99540
Edmonton, AB T5B 0E1
Phone: 780-422-7263
Crisis Line: 780-424-5875
Email: info@luranashelter.com
www.luranashelter.com

Lurana Shelter provides emergency shelter and supports for women and their children experiencing domestic violence. Their Domestic Violence Program is a 21-day program that offers holistic services such as: education, counselling, crisis intervention, support groups, advocacy services and referrals for women and children while providing them with a confidential, high security residence to stay. They also provide childcare, outreach services and intensive case management.

Crossroads Resource Centre and Women's Shelter

P.O. Box 1194
Fairview, AB T0H 1L0
Phone: 780-835-2120
Crisis Line: 1-877-835-2120
www.crossroadsresourcecentre.com

Crossroads provides emergency shelter for women and their children who have experienced violence and abuse. The shelter provides a safe and comfortable place to stay, food and other essentials, assistance with transportation and childcare, advocacy and accompaniment to appointments and court, individual and group support, skill building and referrals. Crossroads' Outreach Program is designed for people who have experienced abuse or are at risk of experiencing abuse, but are unable to come into the shelter or who are not in need of housing. The outreach services involve advocacy and court support, referrals to other community agencies and life skills training.

La Salle – Catholic Social Services

(No Public Address)
Edmonton, AB
Phone: 780-391-3174
<https://www.cssalberta.ca/Our-Services/Domestic-Abuse-Shelters-Support>

La Salle is a second-stage women's shelter for women and their children who have left abuse and are in the process of transitioning from a front-line crisis agency. The program provides accommodation in nine furnished suites for women and their children for up to 1 year, in addition to support in the form of group workshops, individual counselling, childcare, etc. Although La Salle house is located in Edmonton, Catholic Social Services provides additional supports for women, children and families experiencing domestic violence; their offices are spread out across Alberta.

WINGS – Wings of Providence Society

P.O. Box 32141
Edmonton, AB T6K 4C2
Phone: 780-426-4985
24-Hour Toll-Free: 1-866-331-3933
www.wingsofprovidence.ca

WINGS is a second-stage, long-term shelter for women with or without children. Their shelter consists of 20 self-contained, two and three furnished bedroom apartments, and they can accommodate clients for up to six months. WINGS shelter also provides wraparound services including: group and individual counselling, child care programming, outreach and referral services to help mothers and their children heal from family violence and work towards independence.

Sage Senior Safe House

15 Sir Winston Churchill Square (Main Office)
Edmonton, AB T5J 2E5
Phone: 780-702-1520
Senior Abuse Helpline: 780-454-888
Email: info@MySage.ca
<https://www.mysage.ca/help/seniors-safe-house>

The Seniors Safe House is a seven suite facility for seniors over 60 years of age who are leaving abusive situations. Sage provides seniors with shelter and support for 60 days. Suites are fully furnished and stays includes all meals and toiletries. Social workers are on site to provide support and assistance with areas of life that have been affected by abuse, such as financial, housing, emotional support and counselling. For those who want to access Safe House, they can call Sage's Safe House intake line Monday through Friday, 9:00am-4:30pm.

WIN House – Edmonton Women's Shelter

P.O. Box 20088 RPO Beverly (main office)
Edmonton, AB T5W 5E6
Phone: 780-471-6709 (general inquiries)
24-Hour Helpline: 780-479-0058
Email: help@winhouse.org
www.winhouse.org

Edmonton Women's Shelter has three WIN Houses which provide emergency shelter for women with and without children fleeing family violence or abuse. One of the houses – Carol's House – aims to meet the specific needs of immigrant, refugee and trafficked women. WIN House offers several programs for women and their children. Some of these programs include: 24-hour helpline, crisis intervention, child support, pet-care program, intensive case counselling, as well as outreach services and safety planning.

Ermineskin Women's Shelter Society

P.O. Box 1830 (mailing address)
Maskwacis, AB T0C 1N0
Phone: 780-585-4444 (24 Hour)
Toll-Free: 1-866-585-3941
Email: ewsshope@incentre.net

Ermineskin Shelter is located in Ermineskin Cree Nation and is an emergency shelter which provides short-term housing and supports to women, children and families fleeing domestic violence or in crisis. This shelter offers both residential and non-residential counselling, crisis intervention, education on domestic violence, advocacy and referrals, transportation, and child care. In terms of support services, Ermineskin Shelter also provides health and wellness programs, as well as spiritual services.

A Safe Place

P.O. Box 3282
Sherwood Park, AB T8H 2T2
Phone: 780-464-7232 (main office)
24-Hour Crisis Line: 780-464-7233
Toll-Free: 1-877-252-7233

A Safe Place provides short-term emergency shelter for women and their children who have experiencing domestic violence. Individuals can stay at the shelter for up to 21 days, and they will receive numerous supports, including counselling, information and referrals to appropriate resources, as well as child care. Access to the shelter and its services are provided free of charge, including transportation to and from the shelter.

Wheatland Crisis Society (Strathmore Shelter)

P.O. Box 2162
Strathmore, AB T1P 1K2
Crisis Line: 403-934-6634
Toll Free: 1-877-934-6634
Email: wcs.general@wcsab.ca
<http://strathmoreshelter.com>

The Wheatland Crisis Society provides ongoing gender inclusive supports and services to women, men, and children who have experienced family abuse. The Wheatland Crisis Society provides short-term shelter, food, clothing, crisis counselling and referral and advocacy to victims of domestic violence and abuse. Individuals are encouraged to contact the shelter to complete an assessment prior to intake, but the 24-hour crisis line is available at all times.

Bow Valley Women's Emergency Shelter (YWCA Banff)

Box 520

Banff, AB T1L 1A6

Phone: 403-760-3200

403-762-3560 (after hours)

<http://ywcabanff.ca/programs-services/emergency-shelter/>

The Bow Valley Emergency Shelter is a safe space for people who are fleeing domestic violence. Any individual from the Bow Valley area who is experiencing emotional or physical abuse and needs somewhere safe to stay is welcome. The team will provide clients of the shelter with confidential, supportive counselling and give them appropriate referrals to other community services. YWCA Banff also offers the Intimate Relationships Program, which is designed to educate the community on intimate partner violence and abuse, as well as increase awareness of the supports available in Bow Valley.

Grande Cache Transition House

(No Public Address)

Grande Cache, AB

Phone: 1-866-957-3776 (Business Line)

Crisis Line: 780-827-1791

Email: teahouse@hotmail.com

Grande Cache Transition House is a short-term emergency shelter for women with or without children who need a safe place to stay. They provide information and referrals to other community agencies, and they also offer community education to raise awareness on violence against women.

Sucker Creek Women's Emergency Shelter

P.O. Box 231

Enilda, AB T0G 0W0

Phone: 780-523-2929 (Business Line)

24-Hour Crisis Line: 780-523-4357

Email: screekwes@gmail.com

Sucker Creek Women's Emergency Shelter is an emergency shelter for women in crisis as well as abused women and children. It provides a safe and secure environment for women and their children for up to 21 days. For women and children who are in need of longer accommodation, Next Step is a second-stage shelter program which offers longer-term transitional housing.

Mountain Rose Women's Shelter Association

P.O. Box 325

Rocky Mountain House, AB T4T 1A3

Phone: 403-845-5339

Crisis Line: 1-877-845-4141

Mountain Rose provides emergency shelter for women and their children escaping domestic violence or abuse. In addition to providing safe shelter, Mountain Rose offers numerous outreach supports, including women's groups, advocacy and referral services to appropriate resources, as well as educational workshops. They also provide programs for abusers and male victims of domestic violence.

Odyssey House

(No Public Address)

Grande Prairie, AB

Phone: 780-538-1332 (Business Line)

Crisis Line: 780-532-2672

Email: admin@odysseyhouse.ca

Odyssey House is an emergency shelter for women and their children who are victims of domestic violence, are in crisis, or are in need of a housing alternative. It has 14 bedrooms with 42 beds in total, and the shelter offers support groups, childcare and other outreach supports. Odyssey House also offers Serenity Place, which is a second-stage transitional

housing program for women with or without children needing longer-term support. Serenity Place is a 14-unit apartment building with subsidized rent, and women can stay for anywhere from six to twenty-four months.

Jessie's House

(No Public Address)

Morinville, AB

Phone: 780-939-2870

24-Hour Crisis Line: 1-866-939-2850

Email: info@jmmf.ca

Jessie's House is a 35-bed facility which provides shelter and trauma-informed services to individuals, of any age or gender, and families fleeing violence or abuse. Jessie's House also provides a broad range of services including: outreach, case management, court support and specialized supports for children. Although they mainly serve individuals and families from the Sturgeon Region and St. Alberta area, residents outside these regions are supported as capacity permits.

Yellowhead Emergency Shelter for Women Society

P.O. Box 6401

Hinton, AB T7V 1X7

Phone: 780-865-4359 (Main Office)

24-Hour Hotline: 780-865-5133

Toll-Free: 800-661-0937

Yellowhead Emergency Shelter for Women Society is a short-term women's emergency shelter which serves women and families. This shelter has 10 beds and can accommodate individuals for up to 21 days. Some of the emergency services that this shelter provides include danger and/or risk assessments, crisis intervention services, and outreach services such as family violence prevention education.

Eagle's Nest Stoney Family Shelter

(No Public Address)

Morley, AB

Phone: 403-881-2000 (Main Office)

24-Hour Hotline: 403-881-2025

For 911 on reserve dial: 403-932-2222

www.eaglesnestshelter.ca

Eagle's Nest is a safe haven and emergency women's shelter for women and their children in Stoney Nation fleeing family violence. Eagle's Nest offers 24/7 support through their crisis information line, and they also provide individual and group counselling, Elder guidance services, child support, as well as ongoing support and outreach supports for women and their children in the community.

Central Alberta Women's Emergency Shelter

P.O. Box 561

Red Deer, AB T4N 5G1

24-Hour Toll-Free Helpline: 1-888-346-5643

Crisis Text Line: 403-506-0485

Email: generalinfo@cawes.com (not monitored on weekends)

www.cawes.com

The Central Alberta Women's Emergency Shelter offers safe refuge, counselling and community support for families experiencing family violence. The shelter provides numerous programs and services free of charge for women and their families who have been impacted by violence and abuse, including: emergency shelter for up to 21 days, crisis intervention and counselling, child support and family enhancement programming, information and referrals to appropriate resources, as well as outreach services and follow-up programming.

Inn from the Cold

Suite 106-110 11th Avenue SE
Calgary, AB T2G 0X5
Phone: 403-263-8384
Email: info@innfromthecold.org

This shelter is specifically designed for families and children who are in crisis or experiencing homelessness and need a place to stay. They provide shelter, nutritious food, clothing, medical care, and access to education. Case managers on-site can connect families to appropriate community resources such as immigration services, addiction treatment programs and mental health support. Inn from the Cold also operates Journey House, which has a 10 unit apartment building that accommodates families who are in transition from having no place to live to being at home in the community.

Valeda House & St. Katharine Drexel Place (Catholic Social Services)

General: 780-428-8671
Valeda House: 780-756-1882
<https://www.cssalberta.ca/Our-Services/Supportive-Housing>

Both of these residences provide short-term and transitional housing for women with or without children experiencing homelessness, poverty and other crises. While Valeda House is an emergency shelter for women with or without children for up to six months, St. Katherine Drexel Place is a longer-term home for women who are actively seeking employment, education or other programs in the community. At both residences, women pay a monthly fee for their rent and living expenses.

Nisa Homes for Muslim Women

Calgary, AB
Toll-free: 1-888-456-8043 (ext. 404)
Email: calgary@nisahomes.com

Edmonton:
Toll-free: 1-888-456-8043 (ext. 405)
Email: edmonton@nisahomes.com

Website: <http://nisahomes.com>
General email: info@nisahomes.com

Nisa Homes aim to empower women to enable them to restart their lives. They provide services across Canada in the provinces of Ontario, Alberta and British Columbia. They provide shelter for up to three months, food, medicine and clothes, counselling, life skills, and various other programs and activities. They can assist in English, Urdu, Arabic, Somali, Punjabi, Hindi, Pushto, and Tigrinya.

Paspew House

P.O. Box 90
Fort Chipewyan, AB, T0P 1B0
24/7 Crisis Line: 780-697-3323
Phone: 780-697-3329

Paspew House provides shelter for women escaping domestic violence and a 24-hour crisis line for the community.

Maskan

Calgary, AB
Crisis Line: 1-800-471-3879
Phone: 403-971-2774
Email: Calgary.maskan@gmail.com
<https://www.cpsg.ca/maskan/>

Maskan is a flagship project of the Canadian Pakistani Support Group Association (CPSG). Maskan is a transitional home for women and children fleeing domestic violence and other forms of assault. It is a safe space for women, children, and young girls.

Counselling/Support

Association of Communities Against Abuse (ACAA)

5005-47 Street
P.O. Box 2132
Stettler, AB, T0C 2L0
Toll-free: 1-866-807-3558
info@acaahelps.ca

ACAA serves the communities of East Central Alberta and offers family support and system navigation, specialized police and court support, crisis and long-term counselling, and other services.

The Family Violence Action Society

4821 – 51 Street
Camrose, AB T4V 1R9
Phone: 780-672-0141
<https://camrosefcss.ca/funded-programs/family-violence-action-society/>

The Family Violence Action Society provides help for men, women and children to understand family violence, build healthier relationships and move forward. They offer three main programs that are focused on addressing family violence and abuse: Intimate Partner Abuse and You is a 14-week education and counselling-based program for men and women whose intimate relationships have involved any form of abuse; Child & Youth Counselling is offered through both individual and group settings; and Anger Management is provided for both adults and children who experience chronic anger.

Flagstaff's Initiative to Relationship & Spousal Trauma

4809 49 Ave
Killam, AB T0B 2L0
Phone: 780-385-3974
<http://www.firstinflagstaff.ca>

Flagstaff's Initiative to Relationships and Spousal Trauma (F.I.R.S.T.) is a program developed by the Flagstaff Family and Community Services and the RCMP to address the trauma caused by abuse in relationships, including family violence, dating violence, etc.

Lethbridge Family Services

1107 – 2 Ave. A North
Lethbridge, AB T1H 0E6
Phone: 403-327-5724
Email: info@lfsfamily.ca

Lethbridge Family Services provides numerous health and social services to individuals and families in Southwestern Alberta. In terms of family violence or domestic abuse, Lethbridge Family Services offers individual, couples and family counselling, group counselling, educational presentations, training/workshops, personal growth groups and individual education. All of their services are strength-based, goal focused and trauma-informed.



Calgary Counselling Centre

Suite 1000, 105 – 12 Avenue SE
Calgary, AB T2G 1A1
Phone: 403-265-4980 (Reception)
Counselling Registration: 1-833-827-4229
Distress Centre 24-Hour Crisis Line: 403-266-4357
Email: contactus@calgarycounselling.com

Calgary Counselling Centre provides numerous services and supports through offering counselling for individuals and couples, families, youth, as well as groups. Some of the topics that Calgary Counselling Centre provides counselling for include domestic abuse, sexual abuse, elder abuse, family issues, parent-child conflict, physical and sexual abuse of children, etc. They also offer 14-week domestic abuse programs for both women and men who have experienced domestic violence, or who need support in developing healthier relationships. There are no financial barriers for access to services.

The Family Centre

20-9912 106th Street NW
Edmonton, AB T5K 1C5
Phone: 780-900-6129
<https://www.familycentre.org>

The Family Centre offers a variety of counselling and family support programs. There is free single session drop-in counselling and goal-oriented counselling with a mental health therapist which is free for the first session. They also have therapeutic groups for both men and women who are experiencing challenges in their relationships. These do come with a fee, but subsidies may be available based on the agency's sliding scale.

Sagesse

240, 1509 Centre Street SW
Calgary, AB T2G 2E6
Phone: 403-234-7337
Email: info@sagesse.org

Sagesse is a non-profit organization which delivers services, programming and education for all women who are experiencing domestic violence, are at risk of being abused, or women involved in sex work. Sagesse offers peer support groups and mentorship programs, domestic violence education and workshops, and wrap-around collaborative support with the help of 70 social service agencies. Their programs are delivered throughout Calgary and in rural communities across Alberta.

Family Conflict Program – Calgary Immigrant Women’s Association

#200, 138 – 4th Avenue SE (Head Office)
Calgary, AB T2G 4Z6
Phone: 403-263-4414
Email: reception@ciwa-online.com

The Family Conflict Program provides professional and culturally-sensitive counselling for immigrant women and their families who are experiencing transitional challenges, relationship issues, abuse and trauma. The program offers individual, couples and family counselling, workshops and support groups, community resource referrals and advocacy services, as well as emergency housing support. Supports can also be provided in an individual’s first language if needed. All immigrant women and their families are eligible for the program, including those who are Canadian citizens.

Women’s Support Services – Support Group

(No Public Address – Confidential Locations)
Edmonton, AB T5K 0L4
Phone: 780-496-4777

This support group is offered through the City of Edmonton Services and it offers a support for women aged 18 years and older who are experiencing or have experienced control and violence in their intimate relationships. These groups, which are offered at confidential locations, provide emotional support, education and awareness related to power, control, the cycle of violence, effects of abuse, safety planning, etc., as well as referrals and additional resources. Registration is required through a phone consultation and an in-person group facilitator. Self-referrals are accepted.

John Howard Society Family Violence Prevention Centre

#401, 10010-105 Street
Edmonton, AB T5J 1C4
Phone: 780-423-1635
<https://johnhoward.org/programs-services/family-violence-prevention-centre/>

The Family Violence Prevention Centre (FVPC) provides free services to individuals experiencing family violence. Some of the services that FVPC provides include: Outreach Supports through ongoing support and advocacy; a Furniture Program for individuals and families who have recently fled a violent situation; a Partner Check Outreach Program to offer support for the partners of individuals in treatment for abuse; and a Domestic Violence Complainant Assistance Program to provide support and advocacy from trained court workers to assist in navigating the court processes.

Islamic Family Services

IFSSA North Office
12811 58 Street
Edmonton, AB T5A 4X1
Helpline: 780-900-2777
Email: info@ifssa.ca

Islamic Family Services helps individuals, families, elders and children facing difficulties or experiencing crises. They provide culturally and spiritually sensitive services in the form of programs which address food and economic security, domestic violence, newcomer resettlement, etc. For those experiencing domestic violence, Islamic Family Services offers individual counselling, outreach and referral services, as well as information on legal rights in Canada. They also provide

court mandated supports to perpetrators of violence wanting to learn healthy relationships and healthy behaviours.

Métis Child and Family Services Society

10437 – 123 Street
Edmonton, AB T5N 1N8
Phone: 780-452-6100
Email: info@metischild.com

Métis Child and Family Services Society aims to provide effective family supports to Métis children and families in need through offering programs which preserve and strengthen the Métis Family. They offer a variety of services, including the Family Violence Program; which is a program that assists individuals with exiting an abusive situation and/or creating a safety plan to maintain a healthy and safe environment. Services that are offered in this program include: counselling, in-home support, advocacy and referrals services to community supports.

The Red Road Healing Society

10045 156 St NW
Edmonton, AB T5P 2P7
Phone: 780-471-3221

The Red Road Healing Society is a non-profit child and family resource centre which offers numerous community-based services to assist in supporting and creating change for adults, youth, children, and families. Their mission is to remember, renew and restore Indigenous traditional roles and values and to continually move forward in a healthy way. They offer various outreach, mentor and crisis programs, including: Family Violence Workshops, Family Programs, Healing Circles, Survivor Workshops, Child and Parenting Programs, etc. Their workshops and supports are provided free of charge.

YWCA Banff – Intimate Relationships Program

102 Spray Ave, Box 520
Banff, AB T1L 1A6
Phone: 403-762-3560
Email: yps@ywcabanff.ca

YWCA Banff is an organization which provides community education programs for children, youth and adults on topics such as empowerment, healthy relationships and understanding intimate partner violence. For women, the Intimate Relationships program provides support and education on intimate partner violence and abuse. The intent of this program is to strengthen support and referral skills, and to build a bridge between informal and formal supports in the community. This program is available free of charge to residents of the Bow Valley Area.

Mamowichitowin Community Wellness Program

Hinton Friendship Centre Society – 965 Switzer Dr
Hinton, AB T7V 1W1
Phone: 780-817-4000
Email: lisa@yfcm.ca

The Mamowichitowin Community Wellness Program aims to break the cycle of abuse and focus on understanding and treating both historical and current trauma experienced by Indigenous adults, children and families. This program incorporates a therapeutic model based on the Medicine Wheel and the traditional Indigenous perspective of spirit, mind and body. The program addresses violence and incest within families through a holistic and cultural perspective, with both individual and group therapy incorporated into the program. The program length is 18 to 30 months depending on the family.

Women's Outreach Society

4101-54th Avenue
Red Deer, AB T4N 7G3
Phone: 403-347-2480
Toll-Free: 1-866-347-2480
Email: info@womensoutreach.ca
<https://www.womensoutreach.ca>

Women's Outreach offers a number of programs and services to address domestic violence. Some of the programs that they offer for women and children experiencing domestic violence include: Julietta's Place, which is an 18 month housing program; Domestic Violence and Domestic Abuse Intervention Team(s); Domestic Violence Therapeutic and Counselling Services, etc. They also have an eight-week Women's Domestic Violence 101 Education and Support Group for women aged 18 years and older who have been affected by violence.

Stepping Up – North Peace Society for the Prevention of Domestic Violence

9613 100 Street
Peace River, AB T8S 1S4
Phone: 780-624-8235
Email: info@prsteppingup.ca

Stepping Up is a 16-week group therapy program for individuals aged 18 years and older who have been affected by family violence. This program supports personal growth and change through enhancing the skills and values of compassion, respect and equality. The goal of the program is to build healthy relationships free from violence and abuse.

Stop Abuse in Families (SAiF) Society

St. Albert, AB
Phone: 780-460-2195
Email: info@stopabuse.ca
Website: <https://www.stopabuse.ca>

SAiF Society provides services to those who have experienced and/or witnessed family violence and abuse without discriminating based on gender, race, orientation, income or disability. They do their best to accommodate all those in their service area who come seeking support, advocacy, and/or education. They also accept referrals from other organizations, medical professionals as well as individuals calling on behalf of themselves or a loved one.

Parenting/Children

YWCA's Family Access Services

320 5th Avenue SE
Calgary, AB T2G 0E5
Phone: 403-206-2767

This visitation program provides safe and supervised visits and exchange services for families who are going through difficult transitions or experiencing conflict. This is most often in regards to situations where custodial agreements or safety issues are a concern. The program helps facilitate visits between children and non-custodial parents in a safe environment. Both parents must contact the program to register and there will be fees associated with supervised visitation, although not with monitored exchanges.

Family Connections INC

105, 13245 140 AVE EDMONTON, AB | T6V 0E4
Edmonton, AB T5E 2M5
Phone: 780-413-6140
Email: info@familyconnectionsinc.ca
<http://www.familyconnectionsinc.net/>

This agency provides court-ordered supervised access for families that require this service, typically due to domestic violence or high conflict situations. Their program offers a strength-based approach that allows parents to visit with their children in a safe environment. They also offer many group, family, and community programs that are focused on family reunification and the emotional health of every individual.

Kids Kottage

10107 – 134th Avenue
Edmonton, AB T5E 1J2
Phone: 780-448-1752
Crisis Line: 780-944-2888
Email: info@kidskottage.org
<https://www.kidskottage.org>

Kids Kottage is a crisis nursery that offers emergency respite to families in crisis by admitting their children, up to 11 years of age, for up to 72 hours. This service is free of charge and follow-up supports are available for parents.

Children's Cottage Society

845 McDougall Road NE
Calgary, AB T2E 5A5
Crisis line: 403-233-2273

Offers crisis nursery, in-home infant respite and childcare programs

Safe Visitation (YWCA Lethbridge)

604 8th Street S
Lethbridge, AB T1J 2K1
Phone: 403-329-0088
<http://programs.ywcalethbridge.org/safe-visitation-1>

YWCA's Safe Visitation program provides a safe, child-friendly space for non-custodial parents to visit their children and work on building a healthy relationship. Parent-child time is supervised by two professionals to ensure the visit is stress-free. Referrals can be through the court system or through other agencies; self-referrals are also accepted. There are no fees associated with the program.

Safe Visitation and Monitored Exchange (Women's Outreach Society)

4101-54th Avenue
Red Deer, AB T4N 7G3
Phone: 403-347-2480
Toll-Free: 1-866-347-2480
Email: info@womensoutreach.ca
<https://www.womensoutreach.ca>



The Safe Visitation program of the Women's Outreach Society is an impartial program that allows children to continue visiting non-custodial parents in a supportive environment in situations when families are dealing with the impact of domestic violence in Central Alberta. The Monitored Exchange program safely transitions children from one parent to another to eliminate the children from witnessing a negative interaction between the parents.

Dragonfly Children's Healing Centre (Women's Outreach Society)

4101-54th Avenue
Red Deer, AB T4N 7G3
Phone: 403-347-2480
Toll-Free: 1-866-347-2480
Email: info@womensoutreach.ca
<https://www.womensoutreach.ca>

The Dragonfly Children's Healing Centre strives to nurture, protect, enrich, educate and provide healing avenues for children and youth who are experiencing trauma from domestic violence, homelessness, and suicide.

KARA Family Resource Centre

6717 132 Ave NW,
Edmonton, AB
Phone: 780-478-5396
Email: info@kara-frc.ca

Kara Family Resource Centre provides free education programming for children and families. Due to the COVID-19 pandemic, KARA's parenting and early childhood program are being offered online.

Sexual Assault Counselling/Support

The Harmony Project – YWCA Banff

102 Spray Ave, Box 520,
Banff, AB T1L 1A6
Phone: 403-762-3560
Email: support@ywcabanff.ca
<https://ywcabanff.ca/programs-services/harmony-project/>

The Harmony Project offers compassionate support services to anyone who has been impacted by sexualized violence. Their services are free, confidential and available 7 days a week to anyone in the Bow Valley area.

Dragonfly Sexual Assault Services

4808A 50th Avenue
Bonnyville, AB T9N 2G9
Phone: 780-812-3174
Text: 780- 207-7535
Email: info@thedragonflycentre.com
<http://www.thedragonflycentre.com>

This agency is open to all men, women, and children who have been impacted by sexual violence. Services are free and confidential. Crisis intervention, support, and counselling services are offered and appointments may be made for staff to travel to meet survivors in several communities. Distance counselling services may also be provided.

Calgary Communities Against Sexual Abuse (CCASA)

Suite 700, 910 – 7th Avenue S.W.
Calgary, AB T2P 3N8
Phone: 403-237-6905 (Main Office)
Support and Information Line: 403-237-5888

Calgary Communities Against Sexual Abuse (CCASA) is the primary sexual abuse and sexual assault crisis and education

service provider for Calgary and its surrounding areas. CCASA offers multiple services for individuals aged 12 years and older, including crisis intervention, individual specialized counselling and group counselling, supports for male survivors of sexual abuse, as well as 24-hour collaborative Sexual Assault Response Team made up of CCASA, Alberta Health Services, RCMP and legal services to provide specialized care to those who have been sexually assaulted (within the past 96 hours). There is a small, sliding scale fee for group counselling.

University of Alberta Sexual Assault Centre

2-705 Students' Union Building (SUB), University of Alberta
Edmonton, AB T6G 2J7
Phone: 780-492-9771
Email: sexualassaultcentre@ualberta.ca

The University of Alberta Sexual Assault Centre provides support for survivors of sexual violence through drop-in crisis intervention. Their services are available to people of all genders, sexualities and backgrounds, and operate from a feminist, anti-oppressive, trauma-informed and person-centred framework. All services are free of charge.

Sexual Assault Centre of Edmonton

Suite 205-14964 121A Avenue
Edmonton, AB T5V 1A3
Phone: 780-423-4102
Crisis Line: 1-780-423-4121
Email: info@sace.ca
<http://www.sace.ca>

This agency offers up to 15 individual counselling sessions and group counselling as well as court support for all individuals who have experienced sexual abuse. All counselling and group services are free of charge. Some of the adult group counselling programs offered include: Adult Survivors Healing from Abuse for women who have experienced child abuse; Sexual Assault Survivors Support Group for women who have experienced sexual violence in adulthood; Skills for Change for adults on the waitlist for individual counselling services; among other groups available based on capacity.

Pace - Community Support, Sexual Assault, and Trauma Centre

10031 103rd Avenue
Grande Prairie, AB T8V 1B9
Phone: 780-539-6692
Peace Country Sexual Assault Help Line: 1-888-377-3223
Email: askpace@pacecentre.com
<http://www.pacecentre.com>

Pace offers support services, short-term counselling, and longer-term therapy for all individuals who have experienced sexual violence. Sessions are generally capped at 24 sessions and are free of charge or on a sliding scale fee, depending on the client's circumstances. Their family support program also offers in-home support to ensure the safe and healthy development of children in the home, as well as supervised visits for family members that may be at risk of harm without monitors present.

Chinook Sexual Assault Centre

740 4 Ave S Suite 502,
Lethbridge, AB T1J 0N9
Phone: 403-694-1094
Toll-free: 1-844-576-2512
Email: admin@csaleth.ca
www.csacleth.ca

Chinook Sexual Assault Centre works with all genders and all ages throughout Southwestern Alberta. They offer crisis support, counselling, system navigation, police and court support, peer support groups, and other services.

Sexual Assault Response Committee

640 3rd Street SE
Medicine Hat, AB T1A 0H5
Phone: 403-548-2717
Email: info@LiveNewell.com
www.mhsarc.com

Sexual Assault Response Committee is an organization which utilizes a collaborative, action-focused response to promote healthy relationships and end sexual violence and all other forms of family violence or abuse. Some of the services and resources that the Sexual Assault Response Committee offer include: individual therapy, group supports, education programs targeted to all ages, as well as workshops focused on how to respond to, report, and recognize the signs and long-term impacts of sexual violence.

Central Alberta Sexual Assault Support Centre

A201, 5212 48th Street
Red Deer, AB T4N 7C3
Phone: 403-340-1124
24-hour sexual assault crisis line: 1-866-956-1099
Email: casasc@casasc.ca
<http://www.casasc.ca/>

Central Alberta Sexual Assault Support Centre offers one-on-one crisis and short term counselling as well as support for victims of sexual assault and their families. All counselling services are free of charge with male and female counselors. Group counselling is offered when seen as appropriate by a counselor.

Saffron Sexual Assault Centre

110-222 Athabasca Avenue
Sherwood Park, AB T8A 4C9
Phone: 780-449-0900
Toll Free: 1-888-416-7722
SACE Crisis Line: 780-423-4121
Email: publiced@saffroncentre.com
<http://saffroncentre.com>

Saffron Centre offers one-on-one counselling, group therapy, and art therapy for individuals who have been affected by sexual abuse. Counselling services are offered on a sliding scale basis and are capped at 20 sessions per client. No referral is necessary.