

Trans Research And Navigation Saskatchewan: A Project in Progress to Improve Health for People who are Trans and Gender Diverse in Saskatchewan



Reann Legge, BA, Lori Schramm, MD, CCFP, Megan Clark, MD, CCFP, Stephanie Madill, PhD for the TRANS team Project website: https://research-groups.usask.ca/transnavigator/index.php

INTRODUCTION

- A group of people who are trans and gender diverse (PTGD), community-based organization (CBO) providers, healthcare providers (HCPs) and healthcare decision-makers
- Aim: to improve health and healthcare for PTGD in Saskatchewan
- Research identified as interest → co-PIs engaged on Coalition

Literature review on trans nealthcare in SK (Fall/2018)

Saskatchewar

Coalition

formed

(Jan/2018)

- PTGD experience higher rates of adverse health and social outcomes including suicidal ideation, suicide, poverty and harassment [2-4]
- Limited data available on healthcare for PTGD in SK other types of navigation programs show benefit
- SK's requirement at that time of 2 psychiatrist letters for out-of-province gender-affirming surgery not in keeping with World Professional Association of Transgender Health guidelines

Literature review + environmental scan (2019) [5]

- Limited data on existing navigator programs for PTGD
 Interviewed representatives from 6 other Canadian
- navigator programs working with PTGD
- 16 team members, many with multiple roles
- 7 people who are TGD
- 4 people who are otherwise part of the 2SLGBTQ+ community
- 6 healthcare providers
- 2 healthcare decision-makers
- 4 people who work for community-based organizations (OUTSaskatoon, URPride, TransSask)
- 4 researchers

--undin

Research

team

composition

 Obtained Saskatchewan Health Research Foundation-Saskatchewan Centre for Patient-Oriented Research Sprout grant Mar 2020-Mar 2022

First steps

- Navigators started working April 2021
- Undergraduate research assistant started working May 2021

OBJECTIVES

Establish and assess

2 peer healthcare navigators x 1 year pilot

1 in Saskatoon, 1 in Regina

OBJECTIVES, CTD.

What are current healthcare experiences of people who are TGD in Saskatchewan?

navigators on the ability of healthcare providers to provide care to people who are TGD?

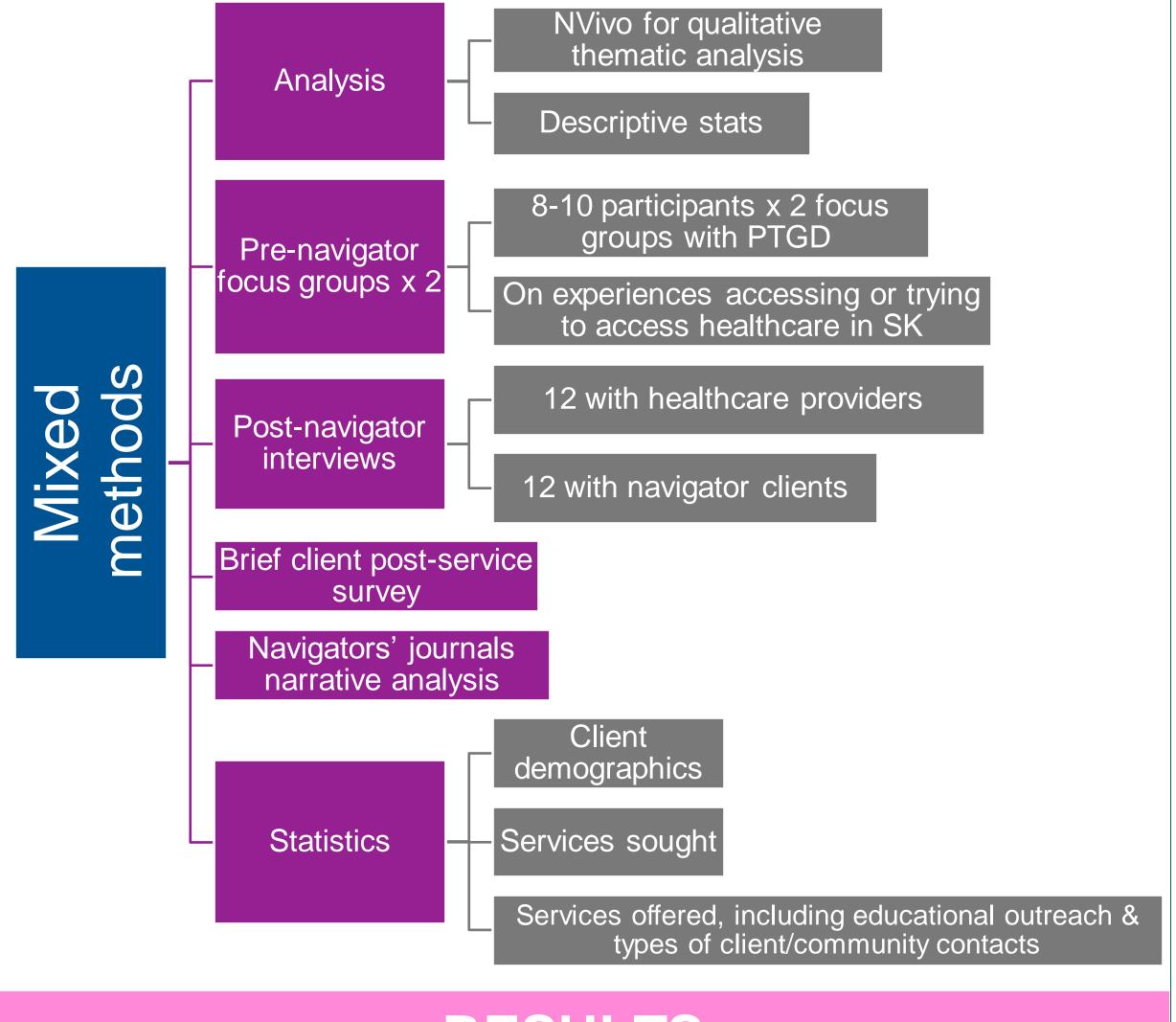
Research questions

Can client navigators identify common situations when assistance is most beneficial to people who are TGD?

How satisfied are clients and healthcare providers with client navigators for people who are TGD?

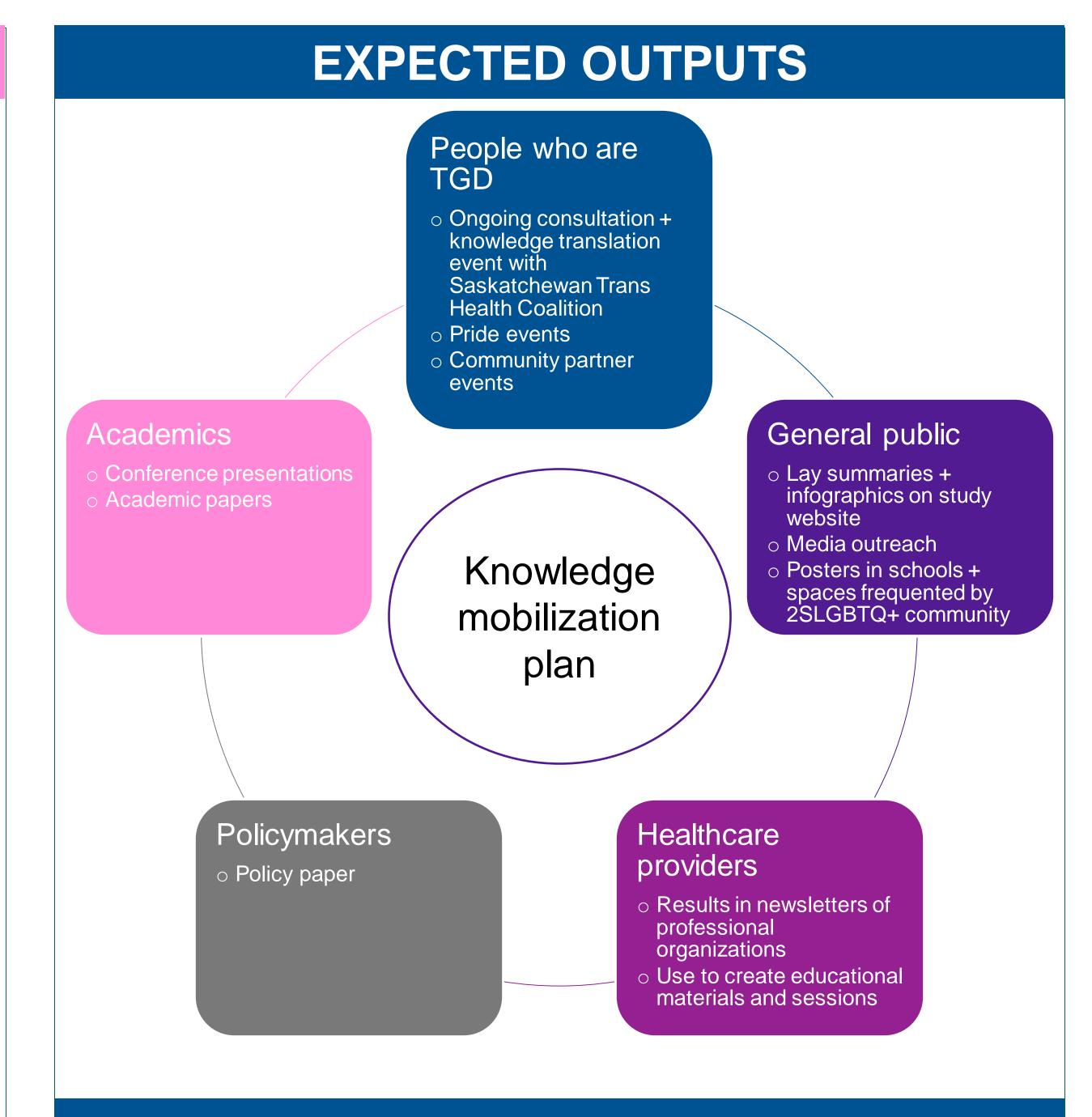
How satisfied are clients and healthcare providers with client navigators for people who are TGD?

METHODS



RESULTS

This is a work in progress. Data have not yet been collected.



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