

Visual expressions of the 'healthy body' and body image: A Photovoice project with female First Nations youth



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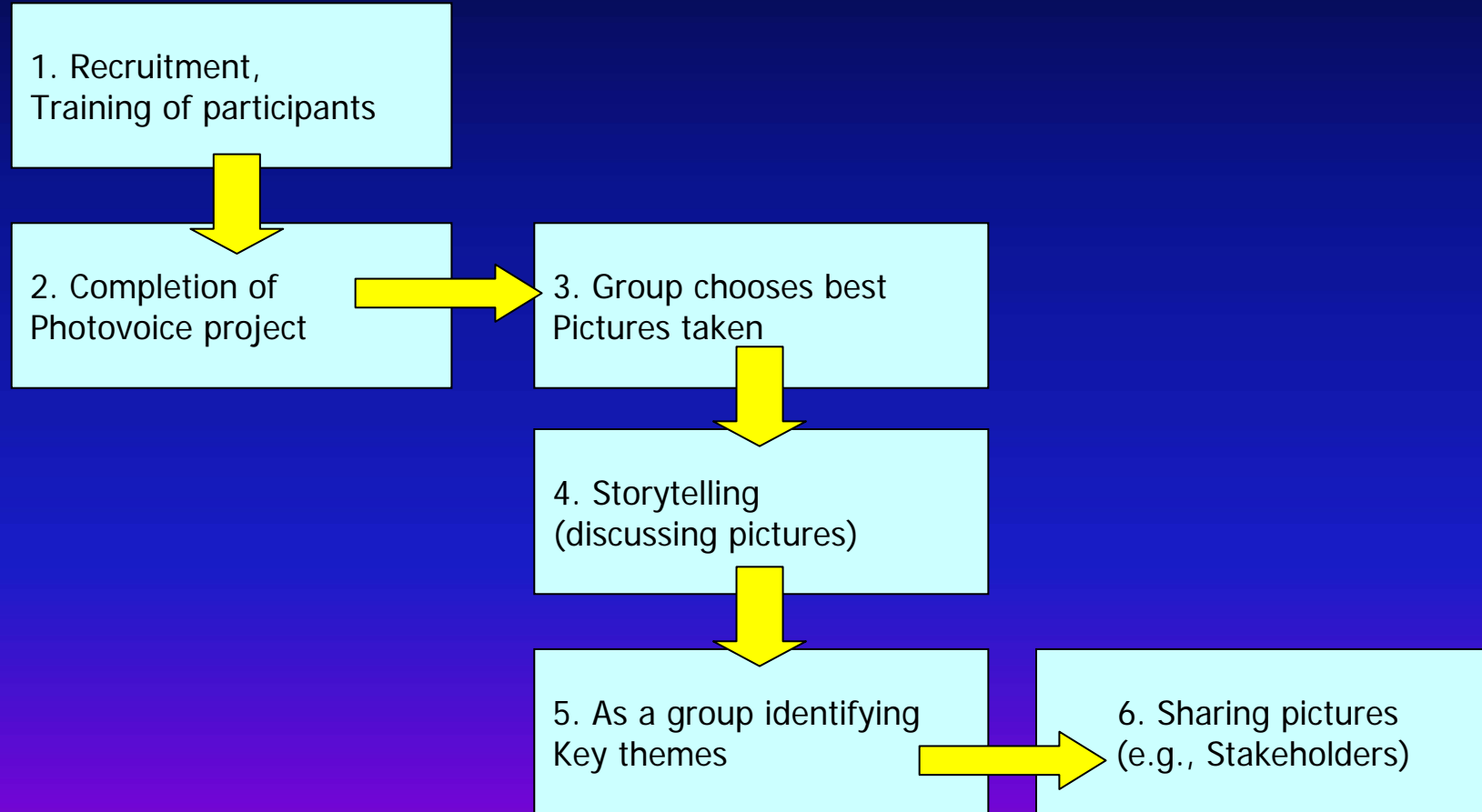
PHOTOVOICE

- A Participatory research method
- 3 goals
 - Individuals record cares, concerns & ideas
 - Promotion of critical dialogue (community, groups, etc...) through the photographs
 - To reach policy makers



“This method is particularly important to the experiences of women. It fosters an appreciation of women’s subjective experience, and promotes a practice in which policies are carried out “by and with women instead of on women, in ways that empower people, honor women’s intelligence and value knowledge grounded in personal experience” (www.photovoice.com)

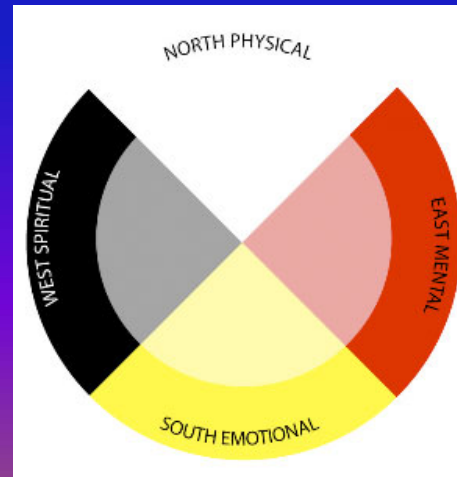
Wang & Burris's Model of Photovoice



Adapted from: Wang & Burris, 1997;
Castleden et al., 2008; & Whitney, 2006

Context

- Youth and Health
- Obesity epidemic
- At “risk” population
- Biomedical vs. traditional model



Visual Methodologies & Youth

- Deacon notes that this is a valuable method in work with children
- The use of visual methods can work toward revealing youth's understandings in more detail
- A focus on the social context and world of youth

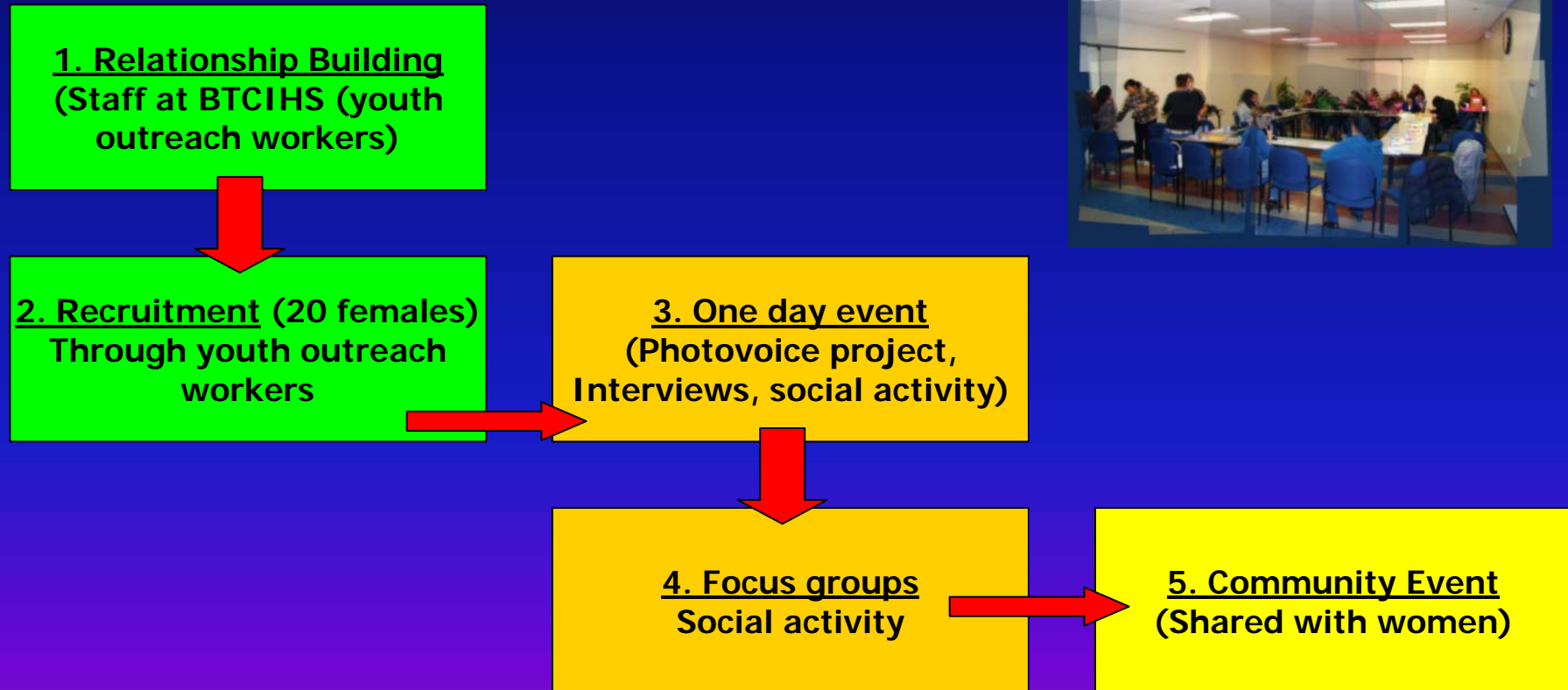




Adapting Photovoice for youth

- Others have noted the importance of modifying Photovoice in studies with youth
 - Castleden, Garvin & huu-ay-aht First Nation
 - Whitney

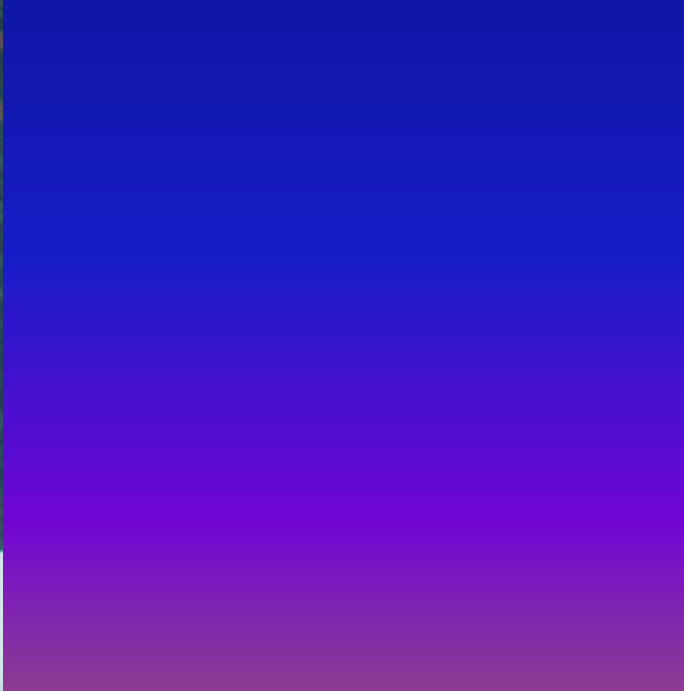
Photovoice Model: Research with female First Nations Youth

















Concluding thoughts

- Modifying Photovoice
- Preliminary findings that have emerged from this research
- Strengths of Photovoice



References

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- www.photovoice.com