

# ISKWĒWAK MĪWAYAWAK

*“WOMEN FEELING HEALTHY”*



A partnership was created between MĪWAYAWIN Health Services Inc., the University of Saskatchewan and six First Nation communities surrounding the Battlefords (Little Pine, Lucky Man, Moosomin, Mosquito, Poundmaker, Red Pheasant and Sweetgrass First Nations); to implement this research project in the communities: ISKWĒWAK MĪWAYAWAK “Women Feeling Healthy”. This 3-year research project is designed to capture aboriginal women’s perceptions of “healthy body” and “body image.” Women participating in this study will ~~be required to~~ use photography (photovoice). Photovoice is a way for people to tell others about themselves through the use of pictures. This process will provide researchers, organizations and the general public the opportunity to learn from aboriginal women’s own words, needs, and experiences.

In 2006, a Community Advisory Team was established to provide support and community direction to this research project. Currently, the research project is in Phase II and are NOW, recruiting aboriginal women (18 years or older), who are registered band members from any of the six First Nation communities mentioned above, and willing to take digital photographs identifying meanings of health body. If you’re interested contact the Special Projects Coordinator, as soon as possible.

Three focus groups are scheduled, with a possibility to host a fourth group: 1st group: Mosquito & Red Pheasant held on March 25, 2008; 2nd group: Little Pine & Poundmaker held on April 28, 2008 and 3rd group: Sweetgrass & Moosomin held on May 26, 2008 and the fourth group will target the urban population, this session is tentatively scheduled for June 2, 2008. Honorarium will be provided to each participant. Childcare and transportation is available upon request.

**If you (or someone you know) may like to participate or would like further information regarding ISKWĒWAK MĪWAYAWAK Research project, please contact **Tanya Delorme**, Special Projects Coordinator at **937-6700**.**

## COMMUNITY ADVISORY TEAM

**Sitting in chair: Mary Wagner (Saulteaux First Nation), Standing L to R: Jean Whitecalf (Sweetgrass First Nation), Mary Kahm (Little Pine First Nation) and Mabel Ouellette (Red Pheasant First Nation). Photo taken by Dr. Jennifer Poudrier.**