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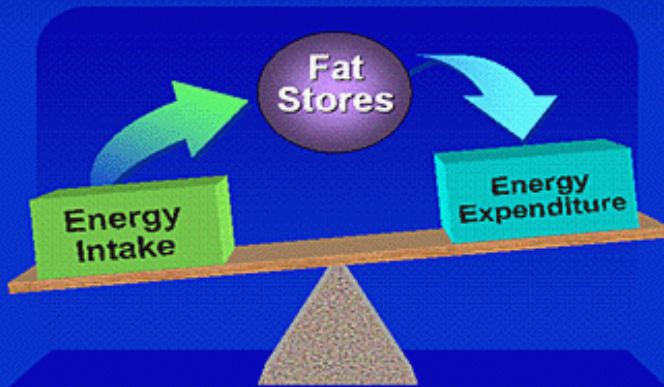
Through their eyes: Perceptions and Realities of Body Weight in Female First Nation Youth in Saskatchewan, Canada

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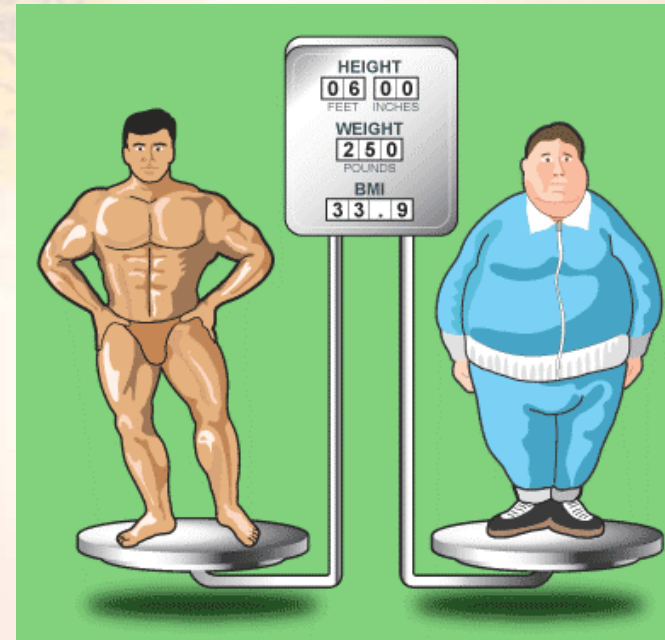
Context:

■ The Obesity Epidemic

Obesity Is Caused by Long-Term Positive Energy Balance

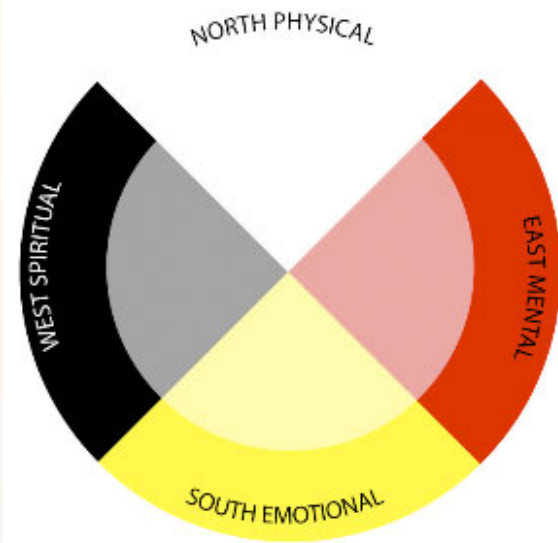


Source:
Obesity Online Slide Library
www.obesityonline.org



First Nations Health

- At “risk” population
- Biomedical model vs. traditional model
- Research in First Nations Community



Visual Research Methods

Images are 'everywhere' . Permeate our academic work, everyday lives, conversations, our imagination and our dreams. They are inextricably interwoven with our personal identities, narratives, life styles, cultures and societies, as well as with definitions of history, space and truth.

Sarah Pink (2001:17)

Visual methodology & youth

- Deacon notes that this is a valuable method in work with children
- The use of visual methods in research with youth, can work toward revealing their understanding in more depth than other methods.
- A focus on the social context and world of youth



Photovoice



- “Photovoice is an innovative participatory research method in which people can “identify, represent, and enhance community through a specific photographic technique. It entrusts cameras in the hands of people to enable them to act as recorders, and potential catalysts for change...it uses immediacy of the visual image to furnish evident to promote an effective, participatory means of sharing expertise” (Wang & Burris, 1997).

Photovoice con't...

- “This method is particularly important to the experiences of women. It fosters an appreciation of women’s subjective experience, and promotes a practice in which policies are carried out “by and with women instead of on women, in ways that empower people, honor women’s intelligence and value knowledge grounded in personal experience” (www.photovoice.com).



Research Project

- Participants: 20 First Nations females aged 13-16
- Battleford Tribal Council Region
- Data collection 3 part process
 - Photovoice & Interviews
 - Focus Groups
 - Community Event



Data Collection: Part 1

- One-day research event
 - Photovoice Project
 - Art Project
 - Individual Interviews
 - Social activity















References

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